



INSTRUCTIONAL PACKAGE

RES 121
Respiratory Skills I

Effective Term
Fall 2025

INSTRUCTIONAL PACKAGE

Part I: Course Information

Effective Term: Fall 2025

COURSE PREFIX: RES 121

COURSE TITLE: Respiratory Skills I

CONTACT HOURS: 3 Lecture/3 Lab

CREDIT HOURS: 4

RATIONALE FOR THE COURSE:

RES 121 course provides students with the ability to identify the goals indications, contraindications, and hazards for oxygen, humidity, medication aerosols, and lung inflation devices. As a student you will learn how to administer safe and effective respiratory procedures for oxygen, humidity, medication aerosols, and lung inflation therapies. Students will calculate tank durations, air to oxygen ratios, patient gas flow demands, oxygen, and acid-base balances.

COURSE DESCRIPTION:

This course includes a study of basic respiratory therapy procedures and their administration.

PREREQUISITES/CO-REQUISITES:

Admission to the Respiratory Care Program. Required prerequisites courses must be completed with a grade of "C" or better.

REQUIRED MATERIALS:

Kacmarek, R.M., Stoller, J.K., & Heuer, A.H. (2025). Egan's Fundamentals of Respiratory Care (13th ed). St. Louis, MO: Elsevier/Mosby. ISBN: 9780323931991

Kacmarek, R.M., Stoller, J.K., & Heuer, A.H. (2025). Workbook for Egan's Fundamentals of Respiratory Care (13th ed). St. Louis, MO: Elsevier/Mosby. ISBN: 9780323932004

Cairo, J.M. (2022) Mosby's Respiratory Care Equipment (11th Ed) St. Louis, MO: Elsevier/Mosby. ISBN:

visit the [BOOKSTORE](#) online site for most current textbook information.

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

ADDITIONAL REQUIREMENTS:

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Stethoscope, finger pulse oximeter, and pocket calculator.

TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC's learning management system (LMS) used for course materials.

Access to myHGTC portal for student self-services.

College email access – this is the college's primary official form of communication.

CLASSROOM ETIQUETTE:

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

It is recognized that personal communication devices, including smart phones, can play a fundamental role in both education and urgent personal connections (for example, a school calling about a sick child). For this reason, use of such devices is permitted in the classroom, with specific reservations:

1. Please set all devices to 'silent' or 'vibrate' during instructional time.
2. Use of devices during testing is NOT allowed.
3. Please limit the use of devices to urgent personal connections and educational purposes directly related to the course material being discussed.
4. If you receive an urgent text/call during class that requires immediate attention, please quietly excuse yourself from the classroom to respond to the call.
5. Please refrain from using 'ear buds' or continually using the device as a learning distraction. Professor retains the right to disallow the use of such devices should the policy become a distraction.

Part II: Student Learning Outcomes

COURSE LEARNING OUTCOMES and ASSESSMENTS*:

1. Identify the goals, indications, contraindications, and hazards of the following respiratory therapies:
 - a. Oxygen therapy
 - b. Humidity therapy
 - c. Medication aerosol therapy
 - d. Lung inflation therapy
 - e. Nitric oxide therapy
 - f. Heliox therapy
2. Demonstrate safe and effective administration of:
 - a. Oxygen therapy
 - b. Humidity and medication aerosol therapy
 - c. Lung inflation therapy
 - d. Basic life support (BLS) – Ch 38

3. Perform mathematical calculations to evaluate:
 - a. Oxygen and nitrous oxide tank duration
 - b. Air-to-oxygen ratios
 - c. Patient inspiratory gas flow demand
 - d. Oxygenation status (CaO_2 content)
 - e. Acid-base balance interpretation (ABG analysis)
 - f. Heliox tank duration

Module 1

Material Covered:

Bedside Assessment of the Patient Chapter 16

Interpreting Clinical and Laboratory Data Chapter 17

Assessments:

Homework/Quizzes/Case Study

Exam

Learning Outcomes:

1. Describe patient interviews and appropriate interview techniques.
2. List four influential factors affecting communication between the respiratory therapist (RT) and the patient.
3. Differentiate between signs and symptoms.
4. Differentiate between dyspnea and breathlessness.
5. Recall four factors necessary to generate an effective cough.
6. Identify the five important cough characteristics that the RT is responsible for monitoring.
7. Describe how to assess the characteristics of sputum.
8. Describe physical assessment of a patient with a fever.
9. Calculate smoking history in pack-years.
10. Describe the four general steps taken during the physical examination of a patient.
11. Describe terms used for sensorium.
12. List the five elements that constitute basic vital signs and recite the normal parameters for each variable.
13. Identify the seven anatomic sites where a pulse pressure can be palpated during a physical exam.
14. Define hypertension and explain how it differs from shock.
15. Describe how to measure blood pressure and equipment.
16. Describe physical characteristics for patients with chronic illnesses and heart failure.
17. Review breathing patterns associated with different diseases and injuries.
18. Review physical assessment of the chest.
19. Review normal breaths and adventitious breath sounds.
20. Describe critical lab values and how it relates to clinical practice.
21. Define CBC values and abnormalities.
22. Define and review electrolyte disturbances related to normal respiratory functions.
23. Define and review clinical tests for cardiac stress, myocardial infarction, coagulation disorders, sputum gram stain and cultures.

Module 2

Material Covered:

Storage and Medical Gas Therapy Chapter 41

Medical Gas Therapy Chapter 42

Basic Lab Data

O2 Analyzer Lab

Assessments:

- Homework
- Discussion Post
- Case Study
- Skill Check Assessment/Laboratory Competency
- Unit Test

Learning Outcomes:

1. Describe in writing and verbally the factors relating to the goals, indications, contraindications, and hazards of Oxygen therapy.
2. Identifies partial pressure and oxygen saturation level that defines hypoxemia
3. Identifies additional clinical indications for oxygen therapy
4. Identifies potential complications
5. Explains difference between high flow and low flow system
6. Identifies approximate oxygen percentages, air entrainment ratios, and total flow delivered with oxygen therapy, heliox and Nitric Oxide
7. Demonstrate in a safe and effective manner delivery of low flow and high flow oxygen therapy.
8. Demonstrate in a safe and effective manner the delivery of medical gases.
9. Perform mathematical calculations to evaluate oxygenation.
10. Identify how a Galvonic (Fuel Cell method) measures O2.
11. List the steps to calibrating a Galvonic O2 analyzer.
12. Identify 5 Key O2 Analyzer trouble shooting steps
13. Demonstrate in a safe manner the storage of medical gases

Module 3

Material Covered:

Humidity/Medication Aerosol Therapy/Peak Flowmeter Chapter 39

Humidity and Bland Aerosol Therapy Chapter 40

Medication Aerosol Drug Therapy Chapter 40

Assessments:

- Homework
- Discussion Post
- Case Study
- Skill Check Assessment/Laboratory Competency
- Unit Test

Learning Outcomes:

1. Describe in writing and verbally the factors relating to the goals, indications, contraindications, and hazards of Medications aerosol therapy.
2. Identify how aerosols can be weighed and measured.
3. Recognize the patient breathing factors that affect medication deposition & lung location.
4. Identify the Correct Aerosol Delivery Systems based on patient assessment including the Aerogen.
5. Demonstrate in a safe and effective manner the use of a peak flow meter using the traffic light system.
6. Identifies potential complications associated with medication aerosol administration and relevant information (i.e., MOA, Classification, complications...) on drug(s) being administered.
7. Differentiates particle sizes targeted for the upper vs the lower airway.
8. Explains what Mass Median Aerodynamic Diameter (MMAD) means in relation to particle sizes being produced.
9. Identifies the percent of the drug (aerosol) that reaches the target tissue.
10. Demonstrate in a safe and effective manner delivery of medication aerosol therapy by small volume nebulizer.
11. Demonstrate in a safe and effective manner delivery of medication aerosol therapy by meter dose inhaler.

****Students – please refer to the Instructor’s Course Information sheet for specific information on assessments and due dates.***

Part III: Grading and Assessment

EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS*:

Students’ performance will be assessed, and the weight associated with the various measures/artifacts are listed below.

Competency Areas:

Pulse Oximetry

Oxygen Setup/Humidity

Medication Aerosol

Patient Assessment

Lung/Heart Anatomy

Breath Sounds Identification and Patterns

EVALUATION*

Homework/Quizzes/Assignments	15%
Tests	60%
Final Exam	25%
	100%

****Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.***

GRADING SYSTEM:

A grade of "C" or better must be achieved in all required respiratory care program courses for a student to progress through the program. A final grade of less than 75 is not passing in the Respiratory Care Program and does not meet the requirements for progression within the program. This policy is different than the Horry Georgetown Technical College Grading Policy.

GRADING SCALE:

100 - 90 = A

89 - 80 = B

79 - 75 = C

74 - 69 = D

68 - 0 = F

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the [academic calendar](#) for deadlines for add/drop. You must attend at least one meeting of all your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

Part IV: Attendance

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of 80 percent (80%) of their classes in order to receive credit for any course. Due to the varied nature of courses taught at the college, some faculty may require up to 90 percent (90%) attendance. Pursuant to 34 Code of Federal Regulations 228.22 - Return to Title IV Funds, once a student has missed over 20% of the course or has missed two (2) consecutive weeks, the faculty is obligated to withdraw the student, and a student may not be permitted to reenroll. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.**

For online and hybrid courses, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, and if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

Part V: Student Resources



THE STUDENT SUCCESS AND TUTORING CENTER (SSTC):

The SSTC offers to all students the following **free** resources:

1. Academic tutors for most subject areas, Writing Center support, and Academic Coaching for college success skills.
2. Online tutoring and academic support resources.
3. Professional and interpersonal communication coaching in the EPIC Labs.

Visit the [Student Success & Tutoring Center](#) website for more information. To schedule tutoring or coaching, contact the SSTC at sstc@hgtc.edu or self-schedule in the Penji iOS/Android app or at www.penjiapp.com. Email sstc@hgtc.edu or call SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455, or go to the SSTC [Online Resource Center](#) to access on-demand resources.



STUDENT INFORMATION CENTER: TECH Central

TECH Central offers to all students the following **free** resources:

1. Getting around HGTC: General information and guidance for enrollment, financial aid, registration, and payment plan support!
2. In-person and remote assistance are available for Desire2Learn, Student Portal, Degree Works, and Office 365.
3. Chat with our staff on TECH Talk, our live chat service. TECH Talk can be accessed on the student portal and on TECH Central's website, or by texting questions to (843) 375-8552. Visit the Tech Central website for more information. Live Chat and Center locations are posted on the website. Or please call (843) 349 – TECH (8324), Option # 1.



HGTC LIBRARY:

Each campus location has a library where HGTC students, faculty, and staff may check out materials with their HGTC ID. All three HGTC campus libraries have librarians and staff who can aid with research, computers to support academic research and related school-work, and individual/group

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study rooms. Printing is available as well at each location. Visit the [Library](#) website for more information or call (843) 349-5268.

STUDENT TESTING:

Testing in an **online/hybrid** course and in **make-up exam** situations may be accomplished in a variety of ways:

- Test administered within D2L.
- Test administered in writing on paper.
- Test administered through Publisher Platforms (which may have a fee associated with the usage)

Furthermore, tests may have time limits and/or require a proctor.

Testing candidates must make their appointments 24 hours in advance.

Students must bring a physical ID in order to take a test.

Proctoring can be accomplished either face-to-face at an approved site or online through our online proctoring service. To find out more about proctoring services, please visit the [Online Testing](#) section of the HGTC's Testing Center webpage.

The **Instructor Information Sheet** will have more details on test requirements for your course.

DISABILITY SERVICES:

HGTC is committed to providing an accessible environment for students with disabilities. Students seeking accommodations are encouraged to visit HGTC's [Accessibility and Disability Service webpage](#) for detailed information.

It is the student's responsibility to self-identify as needing accommodations and to provide appropriate documentation. Once documentation is submitted, the student will participate in an interactive process with Accessibility and Disability Services staff to determine reasonable accommodations. Students may begin the accommodations process at any time; however, accommodations are **not retroactive** and will only be applied from the point at which they are approved. Students must contact the office **each semester** to renew their accommodations.

For assistance, please contact the Accessibility and Disability Services team at disabilityservices@hgtc.edu or 843-796-8818 (call or text).

COUNSELING SERVICES:

HGTC Counseling Services strives to optimize student success through managing personal and academic concerns that may interfere with achieving educational goals. Staff are available to every student for assistance and guidance on personal matters, academic concerns and other areas of concern. HGTC offers free in-person and telehealth counseling services to students. For more information about counseling services, please reach out to counseling@hgtc.edu or visit the website the [Counseling Services webpage](#).

STATEMENT OF EQUAL OPPORTUNITY/NON-DISCRIMINATION STATEMENT:

Our sincere commitment to both effective business management and equitable treatment of our employees requires that we present this Policy Statement as an embodiment of that commitment to the fullest.

Discrimination is conduct that includes unjust or prejudicial treatment based upon an individual's sex, race/color, religion, national origin, age, disability, service in the uniformed services (as defined in state and federal law), veteran status, political ideas, marital or family status, pregnancy, childbirth, or related medical conditions, including, but not limited to, lactation, genetic information, genetic identity, gender expression, or sexual orientation that excludes an individual from participation in, denies the individual the benefits of, treats the individual differently, or otherwise adversely affects a term or condition of a person's working or learning environment. This includes failing to provide reasonable accommodation, consistent with state and federal law, to persons with disabilities.

INQUIRIES REGARDING THE NON-DISCRIMINATION/TITLE IX POLICIES:

Student and prospective student inquiries concerning Section 504, Title II, Title VII, and Title IX and their application to the College or any student decision may be directed to the Vice President for Student Affairs.

Dr. Melissa Batten, VP Student Affairs

Title IX, Section 504, and Title II Coordinator

Building 1100, Room 107A, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5228

Melissa.Batten@hgtc.edu

Employee and applicant inquiries concerning Section 504, Title II, and Title IX and their application to the College may be directed to the Vice President for Human Resources.

Jacquelyne Snyder, VP Human Resources

Affirmative Action/Equal Opportunity Officer and Title IX Coordinator

Building 200, Room 205B, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5212

Jacquelyne.Snyder@hgtc.edu

TITLE IX REQUIREMENTS:

Title IX of the Education Amendments of 1972 protects students, employees, applicants for admission and employment, and other persons from all forms of sex discrimination.

HGTC prohibits the offenses of domestic violence, dating violence, sexual assault, and stalking and will provide students, faculty, and staff with necessary information regarding prevention, policies, procedures, and resources.

Any student, or other member of the college community, who believes that they have been a victim of sexual harassment, domestic violence, dating violence, sexual assault, or stalking may file a report with the college's Title IX Coordinator or campus law enforcement*.

*Faculty and Staff are required to report these incidents to the Title IX Coordinator when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

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PREGNANCY ACCOMMODATIONS

Under Title IX, colleges must not exclude a pregnant student from participating in any part of an educational program. Horry-Georgetown Technical College is committed to ensuring that pregnant students receive reasonable accommodations to ensure access to our educational programs.

Students should advise the Title IX Coordinator of a potential need for accommodations as soon as they know they are pregnant. It is extremely important that communication between student, instructors, and the Title IX Coordinator begin as soon as possible. Each situation is unique and will be addressed individually.

Title IX accommodations DO NOT apply to Financial Aid. Financial Aid regulations do not give the College any discretion in terms of Financial Aid eligibility.

Certain educational programs may have strict certification requirements or requirements mandated by outside regulatory agencies. Therefore, in some programs, the application of Title IX accommodations may be limited.

To request pregnancy accommodations, please complete the *Pregnancy Intake Form* that can be found [here](#).