



INSTRUCTIONAL PACKAGE

MTH 135
Massage Practicum

Effective Term
Fall 2022/Spring 2023/Summer 2023

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Part I: Course Information

Effective Term: Fall 2022/Spring 2023/Summer 2023

COURSE PREFIX: MTH 135

COURSE TITLE: Massage Practicum

CONTACT HOURS: 0.6.2

CREDIT HOURS: 2

RATIONALE FOR THE COURSE:

This course allows the student insight into the practice of massage therapy by working directly under the supervision of a massage therapist or medical staff. The course offers the student an opportunity to put into practice the skills and techniques taught in previous course work in a clinical setting.

COURSE DESCRIPTION:

This course provides practical experience in all aspects of therapeutic massage application using advanced techniques & specialized modalities in the professional setting. Students will observe facility & business operations under supervision of licensed massage therapists or licensed medical staff.

PREREQUISITES/CO-REQUISITES:

(Credit level MTH 113 Minimum Grade of C or Credit level MTH 113 Minimum Grade of TC) and (Credit level MTH 128 Minimum Grade of C or Credit level MTH 128 Minimum Grade of TC) and (Credit level MTH 132 Minimum Grade of C or Credit level MTH 132 Minimum Grade of TC) and (Background Check Form 1) and (Credit level MTH 136 Minimum Grade of C or Credit level MTH 136 Minimum Grade of TC) and (Credit level MTH 121 Minimum Grade of C or Credit level MTH 121 Minimum Grade of TC) and (Credit level MTH 120 Minimum Grade of C or Credit level MTH 120 Minimum Grade of TC) and (Credit level MTH 122 Minimum Grade of C or Credit level MTH 122 Minimum Grade of TC)

***Online/Hybrid** courses require students to complete the [DLi Orientation Video](#) prior to enrolling in an online course.

REQUIRED MATERIALS:

Please visit the [BOOKSTORE](#) online site for most current textbook information.

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

ADDITIONAL REQUIREMENTS:

Attire: Scrubs (black) or Black polo and black slacks

TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC's student portal for course materials.
myHGTC and college email access.

STUDENT IDENTIFICATION VERIFICATION:

Students enrolled in online courses will be required to participate in a minimum of one (1) proctored assignment and/or one (1) virtual event to support student identification verification. Please refer to your Instructor Information Sheet for information regarding this requirement.

CLASSROOM ETIQUETTE:

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

NETIQUETTE: is the term commonly used to refer to conventions adopted by Internet users on the web, mailing lists, public forums, and in live chat focused on online communications etiquette. For more information regarding Netiquette expectations for distance learning courses, please visit [Online Netiquette](#).

Part II: Student Learning Outcomes**COURSE LEARNING OUTCOMES and ASSESSMENTS*:**

PLO - OSHA and State Regulations
PLO - Licensure

Upon completion of this course, students will be able to:

Comply with OSHA and current State regulations, security, privacy and confidentiality policies while modeling professional behaviors, ethics and appearance.

Successful completion of the MBLEx licensure exam

The student will be able to perform a 60-minute massage, consisting of any one or more of the following techniques and/or methods: Swedish, deep tissue, myofascial release, trigger point therapy, active and/or passive joint mobilization, muscle energy technique (MET), hot towels, hot stones.

- 1) Student will obtain medical history, informed consent from all massage clients.
- 2) Student will demonstrate the ability to assess the client's needs/ recognize when the client should be referred to another health care provider.
- 3) Student will perform appropriate therapeutic and corrective massage therapy techniques.
- 4) Student will integrate new techniques into the massage session appropriately.
- 5) Student will incorporate use of adjunctive techniques such as hydrotherapy where appropriate.
- 6) Student will formulate/organize the massage session to adequately address the client's needs.
- 7) Student will complete documentation in a SOAP note format.

8) Student will perform (30) one hour massages outside of the clinic. These massages must be documented with SOAP notes, intake interview, and client feedback form. These will be compiled into a portfolio to be turned in prior to the end of the course.

9) Massages to be performed in clinic will consist of no less than the following: 2 chair massages, (2) 60 minute Swedish massages, (2) 90 minute Swedish massages, (2) 60 minute deep tissue massages, (2) 90 minute deep tissue massages, (2) 60 minute Swedish with hot stones, (2) 90 minute Swedish with hot stones.

Week 1-	<p>Lab Prep/Orientation</p> <ul style="list-style-type: none"> ○ Lab Cleaning and Set-up. ○ Orientation for Massage Clinic Protocol ○ Set clinic appointments ○ Assessments: <ul style="list-style-type: none"> ○ Students perform one-hour massage on a peer, under instructor's supervision.
Week 2-	<p>Friends and Family Week</p> <ul style="list-style-type: none"> ○ Assessments: <ul style="list-style-type: none"> ○ Students bring in a maximum of 2 clients to massage under the instructor's supervision.
Weeks 3-15	<p>HGTC Massage Clinic starts week 3.</p> <ul style="list-style-type: none"> ○ Assessments for Weeks 3-15 are as follows: The student will perform a maximum of three, 60-minute massages on the public, under the instructor's supervision. <ul style="list-style-type: none"> ○ Student will obtain medical history, informed consent from all massage clients. ○ Student will demonstrate the ability to assess the client's needs/ rule-out contraindications and recognize when the client should be referred to another health care provider. ○ Student will perform appropriate therapeutic and corrective massage techniques. ○ Student will integrate new techniques into the massage session appropriately. ○ Student will incorporate use of adjunctive techniques such as hydrotherapy or hot stones where appropriate. ○ Student will formulate/organize the massage session to adequately address the client's needs. ○ Student will act in a professional manner and adhere to the dress-code for clinic. ○ Student will complete documentation in a SOAP note format.

****Students – please refer to the Instructor's Course Information sheet for specific information on assessments and due dates.***

GENERAL EDUCATION OUTCOMES:

This course fulfills the following General Education Outcomes through the (list the appropriate assessment). Upon completion of this course, students will be able to:

(Check all that apply.)

- Communicate effectively;
- Think critically;
- Self and professional development.

Part III: Grading and Assessment

EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS*:

Students' performance will be assessed and the weight associated with the various measures/artifacts are listed below.

EVALUATION*

15 Weekly Lab Evaluations	30%
2 Proficiency Evaluations weighed equally	30%
30 Outside Massages	10%
SOAP Notes	10%
Professionalism	10%
Client Feedback Forms	10%
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	100%

****Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.***

GRADING SYSTEM:

State the College's or departmental grading system as delineated in the Catalog. Please note the College adheres to a 10 point grading scale A = 100 – 90, B = 89- 80, C = 79 – 70, F = 69 – , F below.

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the [academic calendar](#) for deadlines for add/drop. You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

Part IV: Attendance

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of 80 percent (80%) of their classes in order to receive credit for any course. Due to the varied nature of courses taught at the college, some faculty may require up to 90 percent (90%) attendance. Pursuant to 34 Code of Federal Regulations 228.22 - Return to Title IV Funds, once a student has missed over 20% of the course or has missed two (2) consecutive weeks, the faculty is obligated to withdraw the student and a student may not be permitted to reenroll. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.**

For online and hybrid courses, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, and if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

Part V: Student Resources



THE STUDENT SUCCESS AND TUTORING CENTER (SSTC):

The SSTC offers to all students the following **free** resources:

1. **Academic tutors** for most subject areas, **Writing Center support**, and **college success skills**.
2. Online **tutoring** and academic support resources.
3. Professional and interpersonal communication **coaching** in the EPIC Labs.

Visit the [Student Success & Tutoring Center](#) website for more information. To schedule tutoring, contact the SSTC at ssc@hgtc.edu or self-schedule in the Penji iOS/Android app or at www.penjiapp.com. Email ssc@hgtc.edu or call SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455, or go to the [Online Resource Center](#) to access on-demand resources.



STUDENT INFORMATION CENTER: TECH Central

TECH Central offers to all students the following **free** resources:

1. **Getting around HGTC:** General information and guidance for enrollment, financial aid, registration, and payment plan support!

2. Use the [Online Resource Center \(ORC\)](#) including Office 365 support, password resets, and username information.
3. **In-person workshops, online tutorials and more services** are available in Desire2Learn, Student Portal, Degree Works, and Office 365.
4. **Chat with our staff on TECH Talk**, our live chat service. TECH Talk can be accessed on the student portal and on TECH Central's website, or by texting questions to (843) 375-8552.

Visit the [Tech Central](#) website for more information. Live Chat and Center locations are posted on the website. Or please call (843) 349 – TECH (8324), Option #1.

STUDENT TESTING:

Testing in an **online/hybrid** course may be accomplished in a variety of ways:

- Test administered within D2L
- Test administered in writing on paper
- Test administered through Publisher Platforms

Further more tests may have time limits and/or require a proctor.

Proctoring can be accomplished either face-to-face at an approved site or online through our online proctoring service. To find out more about proctoring services, please visit the [Online Testing](#) section of the HGTC's Testing Center webpage.

The **Instructor Information Sheet** will have more details on test requirements for your course.

DISABILITY SERVICES:

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to HGTC's [Accessibility and Disability Service webpage](#). The Accessibility and Disability staff will review documentation of the student's disability and, in a confidential setting with the student, develop an educational accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided.

STATEMENT OF EQUAL OPPORTUNITY/NON-DISCRIMINATION STATEMENT:

Horry-Georgetown Technical College prohibits discrimination and harassment, including sexual harassment and abuse, on the basis of race, color, sex, national or ethnic origin, age, religion, disability, marital or family status, veteran status, political ideas, sexual orientation, gender identity, or pregnancy, childbirth, or related medical conditions, including, but not limited to, lactation in educational programs and/or activities.

TITLE IX REQUIREMENTS:

All students (as well as other persons) at Horry-Georgetown Technical College are protected by Title IX—regardless of their sex, sexual orientation, gender identity, part- or full-time status, disability, race, or national origin—in all aspects of educational programs and activities. Any student, or other member

of the college community, who believes that he/she is or has been a victim of sexual harassment or sexual violence may file a report with the college's Chief Student Services Officer, campus law enforcement, or with the college's Title IX Coordinator, or designee.

*Faculty and Staff are required to report incidents to the Title IX Coordinators when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

INQUIRIES REGARDING THE NON-DISCRIMINATION/TITLE IX POLICIES:

Student and prospective student inquiries concerning Section 504, Title II, and Title IX and their application to the College or any student decision may be directed to the Vice President for Student Affairs.

Dr. Melissa Batten, VP Student Affairs

Title IX Coordinator

Building 1100, Room 107A, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5228

Melissa.Batten@hgtc.edu

Employee and applicant inquiries concerning Section 504, Title II, and Title IX and their application to the College may be directed to the Vice President for Human Resources.

Jacquelyne Snyder, VP Human Resources

EEO and Title IX Coordinator

Building 200, Room 212A, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5212

Jacquelyne.Snyder@hgtc.edu