



INSTRUCTIONAL PACKAGE

MTH 132
Massage Therapy Seminar

Effective Term
Fall 2022/Spring 2023/Summer 2023

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Part I: Course Information

Effective Term: Fall 2022/Spring 2023/Summer 2023

COURSE PREFIX: MTH 132

COURSE TITLE: Massage Therapy Seminar

CONTACT HOURS: 1.0.1

CREDIT HOURS: 1

RATIONALE FOR THE COURSE:

This course will provide the students with the basic information and skills necessary to enter the professional arena, including resume writing and interviewing. This course will also prepare the students for the Massage & Bodywork Licensing Examination.

COURSE DESCRIPTION:

This course includes the integration of didactic and clinical techniques in Massage Therapy. This course is the study of the skills needed to enter the professional arena, including resume writing, interviewing, professional decision making, and preparation for the Massage & Bodywork Licensing Examination.

PREREQUISITES/CO-REQUISITES:

(Credit level [MTH 136](#) Minimum Grade of C or Credit level [MTH 136](#) Minimum Grade of TC) and (Credit level [MTH 120](#) Minimum Grade of C or Credit level [MTH 120](#) Minimum Grade of TC) and (Credit level [MTH 121](#) Minimum Grade of C or Credit level [MTH 121](#) Minimum Grade of TC) and (Credit level [MTH 122](#) Minimum Grade of C or Credit level [MTH 122](#) Minimum Grade of TC) and (Credit level [MTH 128](#) Minimum Grade of C or Credit level [MTH 128](#) Minimum Grade of TC) and (Credit level [MTH 113](#) Minimum Grade of C or Credit level [MTH 113](#) Minimum Grade of TC) and (Credit level [MTH 135](#) Minimum Grade of C or Credit level [MTH 135](#) Minimum Grade of TC)

***Online/Hybrid** courses require students to complete the [Dli Orientation Video](#) prior to enrolling in an online course.

REQUIRED MATERIALS:

Please visit the [BOOKSTORE](#) online site for most current textbook information.

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

ADDITIONAL REQUIREMENTS:

Attire: Scrubs (black) or Black polo and black slacks

TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC's student portal for course materials. myHGTC and college email access.

STUDENT IDENTIFICATION VERIFICATION:

Students enrolled in online courses will be required to participate in a minimum of one (1) proctored assignment and/or one (1) virtual event to support student identification verification. Please refer to your Instructor Information Sheet for information regarding this requirement.

CLASSROOM ETIQUETTE:

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

NETIQUETTE: is the term commonly used to refer to conventions adopted by Internet users on the web, mailing lists, public forums, and in live chat focused on online communications etiquette. For more information regarding Netiquette expectations for distance learning courses, please visit [Online Netiquette](#).

Part II: Student Learning Outcomes

COURSE LEARNING OUTCOMES and ASSESSMENTS*:

- 1) Student will write a professional resume and cover letter.
- 2) Student will demonstrate professional interview skills.
- 3) Student will complete weekly assignments to prepare for the successful completion of the MBLEx licensure exam

Week 1-	MTH-132 Massage Seminar Orientation Materials Covered: <ul style="list-style-type: none"> ○ In-Class Orientation of Massage Prep Program. MTH-128 Lab to follow.
Week 2-	In-Class Speaker- TBD. Materials Covered: <ul style="list-style-type: none"> ○ Resume and Cover Letter Tutorial <ul style="list-style-type: none"> ❖ This is a weighed project (20%) due by the end of the semester
Week 3-	Week 3- Massage Prep On-Line; Module 7, Module 6 Materials Covered: <ul style="list-style-type: none"> Practice Exam of Massage Manipulations/Techniques, Review Shoulder Muscles and Rotator cuff muscles. ○ Lecture: Complete Module 7- Massage Manipulations & Techniques Part 1 Test ○ Homework: Complete Module 6- Shoulder Muscles & Rotator Cuff

	Muscles
Week 4-	<p>Week 4- Massage Prep On-Line; Module 7, Module 6</p> <p>Materials Covered:</p> <p>Benefits and Effects of Massage, Review Scapular Muscles</p> <ul style="list-style-type: none"> ○ Lecture: Complete Module 7; Benefits and Effects of Massage ○ Homework: Complete Module 6- Scapular Muscles
Week 5-	<p>Week 5- Massage Prep On-Line; Module 7, Module 9, Module 6</p> <p>Materials Covered:</p> <p>Practice Condition Specific Massage Assessment, Review elbow muscles, Elbow movers of the forearm; Simulated MBLEx Exam</p> <ul style="list-style-type: none"> ○ Lecture: Complete Module 7- Condition Specific Massage Assessment Part 1 ○ Homework: Complete Module 6- Elbow Muscles, Elbow movers of the forearm. ○ Exam 1: Massage Prep- Module 9- Final Simulated MBLEx Exam Part 1 <ul style="list-style-type: none"> ○ You must make an appointment in the Testing Center to take this exam in a proctored environment. ○ When you are seated in the Testing Center for your exam, you will log onto Massage Prep with your password and go to Module 9 and take the Final Simulated MBLEx Exam Part 1. ○ You have 2 hours to answer 100 questions. Passing for these exams is a 70 with Massage Prep. Since you are currently still learning a great deal of material, passing for this exam is a 55.
Week 6-	<p>Massage Prep On-Line; Module 7, Module 4</p> <p>Materials Covered:</p> <p>Massage Manipulations and Techniques, Muscle review</p> <ul style="list-style-type: none"> ○ Lecture: Massage Manipulations and Techniques Part 2 ○ Homework: Complete Module 4 for two muscles, of your choice, covered in clinical apps class this week.
Week 7-	<p>Massage Prep On-Line; Module 7, Module 4</p> <p>Materials Covered:</p> <p>Clinical Assessments, Muscle Review</p> <ul style="list-style-type: none"> ○ Lecture 5: Complete Module 7- Clinical Assessments ○ Homework: Complete Module 4 for two muscles, of your choice, covered in clinical apps class this week.
Week 8-	<p>Massage Prep On-Line; Module 10, Module 7, Module 4</p> <p>Materials Covered:</p>

	<p>Simulated MBLEx Exam, Condition Specific Massage Assessment, Massage Ethics, Muscle Review</p> <ul style="list-style-type: none"> ○ Lecture: Complete Module 7; Condition Specific Massage Assessment Part 2 & Massage Ethics. ○ Homework: Complete Module 4 for two muscles, of your choice, covered in clinical apps class this week. ○ Exam 2: Massage Prep: Module 10; Final Simulated Random MBLEx Exam Part 1 <ul style="list-style-type: none"> ❖ You must make an appointment in the Testing Center to take this exam in a proctored environment. ❖ When you are seated in the Testing Center for your exam, you will log onto Massage Prep with your password and go to Module 10 and take the Final Simulated Random MBLEx Exam Part 1. ❖ You have 2 hours to answer 100 questions. Passing for these exams is a 70 with Massage Prep. You are half-way through the material for second semester. Passing for this exam is a 60.
Week 9-	<p>Massage Prep On-Line; Module 7, Module 4</p> <p>Materials Covered:</p> <p>Practice Exam Muscle Kinesiology, Muscle Review</p> <ul style="list-style-type: none"> ○ Lecture: Complete Module 7- Muscle Kinesiology Part 1 ○ Homework: Complete Module 4 for two muscles, of your choice, covered in clinical apps class this week.
Week 10-	<p>Massage Prep On-Line; Module 7, Module 4</p> <p>Materials Covered:</p> <p>Pathology Indications and Contraindications, Muscle Review</p> <ul style="list-style-type: none"> ○ Lecture: Complete Module 7- Pathology Indications and Contraindications Part 1 ○ Homework: Complete Module 4 for two muscles, of your choice, covered in clinical apps class this week.
Week 11-	<p>Massage Prep On-Line; Module 10, Module 4</p> <p>Materials Covered:</p> <p>Simulated MBLEx Exams, Pathology Indications and Contraindications, Muscle Review</p> <ul style="list-style-type: none"> ○ Lecture: Pathology Indications and Contraindications Part 2 ○ Homework: Complete Module 4 for two muscles, of your choice, covered in clinical apps class this week. ○ Exam3: Complete Module 10- Final Simulated Random MBLEx Exam Part 2 <ul style="list-style-type: none"> ❖ You must make an appointment in the Testing Center to take this exam in a proctored environment.

	<ul style="list-style-type: none"> ❖ When you are seated in the Testing Center for your exam, you will log onto Massage Prep with your password and go to Module 10 and take the Final Simulated Random MBLEx Exam Part 2. ❖ You have 2 hours to answer 100 questions. Passing for these exams is a 70 with Massage Prep. ❖ Passing for this exam is a 68.
Week 12-	<p>Massage Prep On-Line; Module 7, Module 4</p> <p>Materials Covered:</p> <p>Practice Exam, Muscle Review</p> <ul style="list-style-type: none"> ○ Lecture: Complete Module 10- Final Simulated Random MBLEx Exam Part 3 at home. <ul style="list-style-type: none"> ❖ I would like you to get in another simulated exam. This assignment will be done at home. Make sure you have up to 2 hours to sit in front of your computer to complete it. Please complete one attempt. (if you completed this test at home on your own time, pick another simulated exam in Module 10 and complete) ❖ This assignment must be completed by the end of the Massage Prep subscription. ❖ Passing for this exam is a 70. ○ Homework: Complete Module 4 for two muscles, of your choice, covered in clinical apps class this week.
Week 13-	<p>Materials Covered:</p> <p>MBLEx Review Questions</p> <ul style="list-style-type: none"> ○ Homework: Print and complete Week 13 MBLEx Review Questions and bring to MTH-128 lab Tuesday.
Week 14-	<p>Materials Covered:</p> <p>MBLEx Review Questions</p> <ul style="list-style-type: none"> ○ Homework: Print and complete Week 14 MBLEx Review Questions and bring to MTH-128 lab Tuesday.
Week 15-	<p>Materials Covered:</p> <p>MBLEx Review Questions</p> <ul style="list-style-type: none"> ○ Homework: Print and complete Week 15 MBLEx Review Questions and bring to MTH-128 lab Tuesday. ○ Resume and Cover letter are due by end of course. <ul style="list-style-type: none"> ❖ This assignment is worth 20% of your overall grade

COURSE LEARNING OUTCOMES and ASSESSMENTS*:

****Students – please refer to the Instructor’s Course Information sheet for specific***

information on assessments and due dates.**EFFECTIVE PROFESSIONAL AND INTERPERSONAL COMMUNICATION (EPIC):**

This course fulfills HGTC's Quality Enhancement Plan for Effective Professional and Interpersonal Communication. Upon completion of this course, students will be able to:

(Check all that apply.)

- Utilize appropriate communication formats when conveying professional and interpersonal thoughts and ideas.
- Apply appropriate language when speaking and writing for their chosen field of study or industry.
- Demonstrate appropriate communication techniques when engaging audiences.

Part III: Grading and Assessment**EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS*:**

Students' performance will be assessed and the weight associated with the various measures/artifacts are listed below.

EVALUATION*

Lecture Assignments	70%
Homework Assignments	10%
Resume/Cover Letter	20%
	100%

****Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.***

GRADING SYSTEM:

Please note the College adheres to a 10 point grading scale A = 100 – 90, B = 89- 80, C = 79 – 70, F = 69 – below.

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the [academic calendar](#) for deadlines for add/drop. You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

Part IV: Attendance

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of 80 percent (80%) of their classes in order to receive credit for any course. Due to the varied nature of courses taught at the college, some faculty may require up to 90 percent (90%) attendance. Pursuant to 34 Code of Federal Regulations 228.22 - Return to Title IV Funds, once a student has missed over 20% of the course or has missed two (2) consecutive weeks, the faculty is obligated to withdraw the student and a student may not be permitted to reenroll. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.**

For online and hybrid courses, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, and if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

Part V: Student Resources



THE STUDENT SUCCESS AND TUTORING CENTER (SSTC):

The SSTC offers to all students the following **free** resources:

1. **Academic tutors** for most subject areas, **Writing Center support**, and **college success skills**.
2. Online **tutoring** and academic support resources.
3. Professional and interpersonal communication **coaching** in the EPIC Labs.

Visit the [Student Success & Tutoring Center](#) website for more information. To schedule tutoring, contact the SSTC at sstc@hgtc.edu or self-schedule in the Penji iOS/Android app or at www.penjiapp.com. Email sstc@hgtc.edu or call SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455, or go to the [Online Resource Center](#) to access on-demand resources.



STUDENT INFORMATION CENTER: TECH Central

TECH Central offers to all students the following **free** resources:

1. **Getting around HGTC**: General information and guidance for enrollment, financial aid, registration, and payment plan support!

2. Use the [Online Resource Center \(ORC\)](#) including Office 365 support, password resets, and username information.
3. **In-person workshops, online tutorials and more services** are available in Desire2Learn, Student Portal, Degree Works, and Office 365.
4. **Chat with our staff on TECH Talk**, our live chat service. TECH Talk can be accessed on the student portal and on TECH Central's website, or by texting questions to (843) 375-8552.

Visit the [Tech Central](#) website for more information. Live Chat and Center locations are posted on the website. Or please call (843) 349 – TECH (8324), Option #1.

STUDENT TESTING:

Testing in an **online/hybrid** course may be accomplished in a variety of ways:

- Test administered within D2L
- Test administered in writing on paper
- Test administered through Publisher Platforms

Further more tests may have time limits and/or require a proctor.

Proctoring can be accomplished either face-to-face at an approved site or online through our online proctoring service. To find out more about proctoring services, please visit the [Online Testing](#) section of the HGTC's Testing Center webpage.

The **Instructor Information Sheet** will have more details on test requirements for your course.

DISABILITY SERVICES:

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to HGTC's [Accessibility and Disability Service webpage](#). The Accessibility and Disability staff will review documentation of the student's disability and, in a confidential setting with the student, develop an educational accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided.

STATEMENT OF EQUAL OPPORTUNITY/NON-DISCRIMINATION STATEMENT:

Horry-Georgetown Technical College prohibits discrimination and harassment, including sexual harassment and abuse, on the basis of race, color, sex, national or ethnic origin, age, religion, disability, marital or family status, veteran status, political ideas, sexual orientation, gender identity, or pregnancy, childbirth, or related medical conditions, including, but not limited to, lactation in educational programs and/or activities.

TITLE IX REQUIREMENTS:

All students (as well as other persons) at Horry-Georgetown Technical College are protected by Title IX—regardless of their sex, sexual orientation, gender identity, part- or full-time status, disability, race, or national origin—in all aspects of educational programs and activities. Any student, or other member

of the college community, who believes that he/she is or has been a victim of sexual harassment or sexual violence may file a report with the college's Chief Student Services Officer, campus law enforcement, or with the college's Title IX Coordinator, or designee.

*Faculty and Staff are required to report incidents to the Title IX Coordinators when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

INQUIRIES REGARDING THE NON-DISCRIMINATION/TITLE IX POLICIES:

Student and prospective student inquiries concerning Section 504, Title II, and Title IX and their application to the College or any student decision may be directed to the Vice President for Student Affairs.

Dr. Melissa Batten, VP Student Affairs

Title IX Coordinator

Building 1100, Room 107A, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5228

Melissa.Batten@hgtc.edu

Employee and applicant inquiries concerning Section 504, Title II, and Title IX and their application to the College may be directed to the Vice President for Human Resources.

Jacquelyne Snyder, VP Human Resources

EEO and Title IX Coordinator

Building 200, Room 212A, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5212

Jacquelyne.Snyder@hgtc.edu