



INSTRUCTIONAL PACKAGE

MTH 128
Clinical Applications

Effective Term
Fall 2022/Spring 2023/Summer 2023

INSTRUCTIONAL PACKAGE

Part I: Course Information

Effective Term: Spring 2023

COURSE PREFIX: MTH-128

COURSE TITLE: Clinical Applications

CONTACT HOURS: 2.6.4

CREDIT HOURS: 4.0

RATIONALE FOR THE COURSE:

This course will provide the students with the basic information necessary to make informed decisions in the evaluation regarding the needs of the client in a clinical setting.

COURSE DESCRIPTION:

Students will perform massage therapy in a clinical massage setting. Students will be closely supervised and evaluated by instructors in all aspects of massage.

PREREQUISITES/CO-REQUISITES:

(Credit level MTH 136 Minimum Grade of C or Credit level MTH 136 Minimum Grade of TC) and (Credit level MTH 120 Minimum Grade of C or Credit level MTH 120 Minimum Grade of TC) and (Credit level MTH 121 Minimum Grade of C or Credit level MTH 121 Minimum Grade of TC) and (Credit level MTH 122 Minimum Grade of C or Credit level MTH 122 Minimum Grade of TC) and (Credit level MTH 113 Minimum Grade of C or Credit level MTH 113 Minimum Grade of TC) and (Credit level MTH 132 Minimum Grade of C or Credit level MTH 132 Minimum Grade of TC) and (Credit level MTH 135 Minimum Grade of C or Credit level MTH 135 Minimum Grade of TC)

***Online/Hybrid** courses require students to complete the DLi Online Student Orientation prior to completing an online course.

REQUIRED MATERIALS:

Please visit the [BOOKSTORE](#) online site for most current textbook information.

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC's student portal for course materials.
myHGTC and college email access.

STUDENT IDENTIFICATION VERIFICATION

Students enrolled in online courses will be required to participate in a minimum of one (1) proctored assignment and/or one (1) virtual event to support student identification verification. Please refer to your Instructor Information Sheet for information regarding this requirement.

CLASSROOM ETIQUETTE:

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

NETIQUETTE: is the term commonly used to refer to conventions adopted by Internet users on the web, mailing lists, public forums, and in live chat focused on online communications etiquette. For more information regarding Netiquette expectations for distance learning courses, please visit [Online Netiquette](#).

Part II: Student Learning Outcomes

COURSE LEARNING OUTCOMES and ASSESSMENTS*:

PLO - OSHA and State Regulations

PLO - Licensure

Upon completion of this course, students will be able to:

- Comply with OSHA and current State regulations, security, privacy and confidentiality policies while modeling professional behaviors, ethics and appearance.
- Successful completion of the MBLEx licensure exam

****Students – please refer to the Instructor’s Course Information sheet for specific information on assessments and due dates.***

General Education Outcomes

Upon completion of this course, students will be able to:

1. Identify the components (assessment & clinical reasoning) of clinical massage.
2. Formulate a treatment plan for a massage therapy client based off their assessment of the following: client history, posture, gait cycle, principles of assessing active, passive ROM and isometric strength tests.
3. Demonstrate the ability to treat conditions of the head and neck, lumbar spine and sacrum; shoulder, elbow, forearm, wrist and hand; hip and knee; lower leg, ankle and foot; as well as general conditions.
4. Participate in State examination preparatory questions on the assessment and treatment of massage therapy.
5. Explain the theory of clinical massage.

- Communicate effectively.
- Think critically.
- Self and professional development.

Effective Professional and Interpersonal Communication (EPIC)

This course fulfills HGTC's Quality Enhancement Plan for Effective Professional and Interpersonal Communication. Upon completion of this course, students will be able to:

- Utilize appropriate communication formats when conveying professional and interpersonal thoughts and ideas.
- Apply appropriate language when speaking and writing for their chosen field of study or Industry.

Week 1:	<p>Medical and Health Related Professions; Compatibility of Massage with Healthcare. Post event sports massage routine for upcoming marathon.</p> <p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 1 <p>Assessment:</p> <ul style="list-style-type: none"> • Week 1 Discussion • Weekly Lab Participation
Week 2:	<p>Massage Assessment/Physical, Palpation /Muscle Firing patterns. Post event sports massage.</p> <p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 3 <p>Assessment:</p> <ul style="list-style-type: none"> • Week 2 Discussion • Take Quiz #1 on D2L over Ch. 3 terms. • Weekly Lab Participation
Week 3:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions and gait chapter 4 part 1 • Focused Massage Application; joint play, protocol for mobilization with movement. • Post event sports massage technique <p>Assessment:</p> <ul style="list-style-type: none"> • Week 3 Discussion • Weekly Lab Participation
Week 4:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 4 part 2 • Focused Massage application; Low Back Pain Protocol; QL, SI Joint, Pelvic Alignment. • Post event sports massage <p>Assessment:</p> <ul style="list-style-type: none"> • Week 4 Discussion • Test 1 - This will cover information on Ch. 4 in text.

	<ul style="list-style-type: none"> • Weekly Lab Participation
Week 5:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 7 shoulder <p>Assessment:</p> <ul style="list-style-type: none"> • Week 5 Discussion • Take Quiz #2 on D2L over Ch. 7 terms. • Weekly Lab Participation
Week 6:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 8 • Wrist and hand • Low Back, Gluteals, Erectors, Hamstrings, and the lower Crossed Syndrome <p>Assessment:</p> <ul style="list-style-type: none"> • Week 6 Discussion • Test 2- This will cover information on Ch. 7 in text. • Weekly Lab Participation
Week 7:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 8 Iliopsoas, QL, Piriformis, Latissimus Dorsi, Rectus Femoris, Eccentric Hamstrings <p>Assessment:</p> <ul style="list-style-type: none"> • Week 7 Discussion • Take Quiz #3 on D2L over Ch. 8 terms. • Weekly Lab Participation
Week 8:	<p>Reading:</p> <ul style="list-style-type: none"> • Continue Ch. 6 material- Conditions of the Lumbar spine and sacrum <p>Assessment:</p> <ul style="list-style-type: none"> • Week 8 Discussion • Midterm Written and Performance Evaluation this week. Exam covers key terms, muscles, specific conditions, ortho tests from Ch. 3, 4, 7, 8, & full content from Ch. 6. • Weekly Lab Participation • Mid-Term Performance Evaluation
Week 9:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 9 • Neck/Shoulder Pain, Suboccipitals, headache pain <p>Assessment:</p> <ul style="list-style-type: none"> • Week 9 Discussion • Take Quiz #4 on D2L over Ch. 9 terms. • Weekly Lab Participation
Week 10:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapters 9 & 10 • Splenius capitus and cervicis, SCM, Scalenes, and forward head posture <p>Assessment:</p>

	<ul style="list-style-type: none"> • Week 10 Discussion • Take Quiz #5 on D2L over Ch. 10 terms. • Weekly Lab Participation
Week 11:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 11 • Scapulocostal syndrome, structural rib dysfunction, pec minor <p>Assessment:</p> <ul style="list-style-type: none"> • Week 11 Discussion • Weekly Lab Participation
Week 12:	<p>Reading:</p> <ul style="list-style-type: none"> • Clinical Massage Therapy: assessment of orthopedic conditions chapter 5 Muscle energy-atlas/axis, neck/shoulder alignment techniques <p>Assessment:</p> <ul style="list-style-type: none"> • Week 12 Discussion • Take Quiz #6 on D2L over Ch. 11 terms. • Weekly Lab Participation
Week 13:	<p>Reading:</p> <ul style="list-style-type: none"> • Dalton Part 1 Upper Crossed Syndrome- notes are under content for this week <p>Assessment:</p> <ul style="list-style-type: none"> • Discussion 13 • Weekly Lab Participation
Week 14:	<p>Reading:</p> <ul style="list-style-type: none"> • Dalton Part 2 Lower Crossed Syndrome notes are under content for this week <p>Assessment:</p> <ul style="list-style-type: none"> • Discussion 14 • Test 4 (quiz 7) - On Ch. 5 & upper and lower crossed syndrome available on-line from Tuesday-Friday. • Weekly Lab Participation
Week 15:	<p>Review</p> <p>Assessment:</p> <ul style="list-style-type: none"> • Discussion 15 • Weekly Lab Participation • Final Performance Evaluation
Week 16:	<p>Assessment:</p> <ul style="list-style-type: none"> • Final Exam

Part III: Grading and Assessment

EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS*

Students' performance will be assessed, and the weight associated with the various measures/artifacts are listed below.

EVALUATION*

Tests 40%

Homework Assignments	5%
Discussion Questions	5%
Quizzes	5%
Weekly Lab Grade	5%
Mid-Term/Final Lab Evaluations	20%
<u>Mid-Term/Final Exams</u>	<u>20%</u>
	100%

****Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.***

GRADING SYSTEM:

Please note the College adheres to a 10 point grading scale A = 100 – 90, B = 89- 80, C = 79 – 70, D = 69 – 60, F = 59 and below.

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the [academic calendar](#) for deadlines for add/drop. You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

Part IV: Attendance

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of 80 percent (80%) of their classes in order to receive credit for any course. Due to the varied nature of courses taught at the college, some faculty may require up to 90 percent (90%) attendance. Pursuant to 34 Code of Federal Regulations 228.22 - Return to Title IV Funds, once a student has missed over 20% of the course or has missed two (2) consecutive weeks, the faculty is obligated to withdraw the student and a student may not be permitted to reenroll. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.**

For online and hybrid courses, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

Part V: Student Resources



THE STUDENT SUCCESS AND TUTORING CENTER (SSTC):

The SSTC offers to all students the following **free** resources:

1. **Academic tutors** for most subject areas, **Writing Center support**, and **college success skills**.
2. Online **tutoring** and academic support resources.
3. Professional and interpersonal communication **coaching** in the EPIC Labs.

Visit the [Student Success & Tutoring Center](#) website for more information. To schedule tutoring, contact the SSTC at sstc@hgtc.edu or self-schedule in the Penji iOS/Android app or at www.penjiapp.com. Email sstc@hgtc.edu or call SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455, or go to the [Online Resource Center](#) to access on-demand resources.



STUDENT INFORMATION CENTER: TECH Central

TECH Central offers to all students the following **free** resources:

1. **Getting around HGTC:** General information and guidance for enrollment, financial aid, registration, and payment plan support!
2. Use the [Online Resource Center \(ORC\)](#) including Office 365 support, password resets, and username information.
3. **In-person workshops, online tutorials and more services** are available in Desire2Learn, Student Portal, Degree Works, and Office 365.
4. **Chat with our staff on TECH Talk**, our live chat service. TECH Talk can be accessed on the student portal and on TECH Central's website, or by texting questions to (843) 375-8552.

Visit the [Tech Central](#) website for more information. Live Chat and Center locations are posted on the website. Or please call (843) 349 – TECH (8324), Option #1.

STUDENT TESTING:

Testing in an **online/hybrid** course may be accomplished in a variety of ways:

- Test administered within D2L
- Test administered in writing on paper
- Test administered through Publisher Platforms

Further more tests may have time limits and/or require a proctor.

Proctoring can be accomplished either face-to-face at an approved site or online through our online

proctoring service. To find out more about proctoring services, please visit the [Online Testing](#) section of the HGTC's Testing Center webpage.

The **Instructor Information Sheet** will have more details on test requirements for your course.

DISABILITY SERVICES:

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to HGTC's [Accessibility and Disability Service webpage](#). The Accessibility and Disability staff will review documentation of the student's disability and, in a confidential setting with the student, develop an educational accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided.

STATEMENT OF EQUAL OPPORTUNITY/NON-DISCRIMINATION STATEMENT:

Horry-Georgetown Technical College prohibits discrimination and harassment, including sexual harassment and abuse, on the basis of race, color, sex, national or ethnic origin, age, religion, disability, marital or family status, veteran status, political ideas, sexual orientation, gender identity, or pregnancy, childbirth, or related medical conditions, including, but not limited to, lactation in educational programs and/or activities.

TITLE IX REQUIREMENTS:

All students (as well as other persons) at Horry-Georgetown Technical College are protected by Title IX—regardless of their sex, sexual orientation, gender identity, part- or full-time status, disability, race, or national origin—in all aspects of educational programs and activities. Any student, or other member of the college community, who believes that he/she is or has been a victim of sexual harassment or sexual violence may file a report with the college's Chief Student Services Officer, campus law enforcement, or with the college's Title IX Coordinator, or designee.

*Faculty and Staff are required to report incidents to the Title IX Coordinators when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

INQUIRIES REGARDING THE NON-DISCRIMINATION/TITLE IX POLICIES:

Student and prospective student inquiries concerning Section 504, Title II, and Title IX and their application to the College or any student decision may be directed to the Vice President for Student Affairs.

Dr. Melissa Batten, VP Student Affairs

Title IX Coordinator

Building 1100, Room 107A, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5228

Melissa.Batten@hgtc.edu

Employee and applicant inquiries concerning Section 504, Title II, and Title IX and their application to the College may be directed to the Vice President for Human Resources.

Jacquelyne Snyder, VP Human Resources

EEO and Title IX Coordinator

Building 200, Room 212A, Conway Campus

PO Box 261966, Conway, SC 29528-6066

843-349-5212

Jacquelyne.Snyder@hgtc.edu