



INSTRUCTIONAL PACKAGE

ECD 135

Health, Safety, and Nutrition

201730

Summer/2018

INSTRUCTIONAL PACKAGE

PART I: COURSE INFORMATION

Effective Term: Summer 2018

COURSE PREFIX: ECD 135

COURSE TITLE: Health, Safety, and Nutrition

CONTACT HOURS: 45

CREDIT HOURS: 3.0

RATIONALE FOR THE COURSE:

Every early childhood professional needs to know how to keep young children safe and healthy including providing healthy snacks and meals. To be an intentional teacher, you need knowledge of child development, appropriate practices for developing healthy bodies, safe learning environments indoors and outdoors, and how to help children develop healthy habits for life.

COURSE DESCRIPTION:

This course covers a review of health/safety practices recommended for child care and includes information on common diseases and health problems. Certification preparation is provided in pediatric safety, CPR, and first aid. Guidelines and information on nutrition and developmentally-appropriate activities are also studied in the course.

PREREQUISITES/CO-REQUISITES:

(SAT Critical Reading 380) or (ACCUPLACER Reading Comp 056 and ACCUPLACER Sentence Skills 058) or (COMPANION Reading 056 and COMPANION Sentence Skills 058) or (Multiple Measures English 1) or (COMPASS Reading 65 and COMPASS Writing 31) or (ACT English 12 and ACT Reading 14) or (Credit level [ENG 155](#) Minimum Grade of C or Credit level [ENG 155](#) Minimum Grade of TC or Credit level [ENG 100](#) Minimum Grade of C* or Credit level [ENG 101](#) Minimum Grade of TC or Credit level [ENG 101](#) Minimum Grade of C) and (Credit level [ECD 101](#) Minimum Grade of C or Credit level [ECD 101](#) Minimum Grade of TC) and (Background Check Form 1)

REQUIRED MATERIALS:

Please visit the Bookstore online site for most current textbook information. Use the direct link below to find textbooks.

[BOOKSTORE](#).

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

Text: *Preschool Health and Safety Matters*. Edited by Jody Martin

Text: *The Intentional Teacher*. Ann S. Epstein

Text: *Heartsaver Pediatric First Aid Student Workbook*

- Portable electronic storage device
- Project materials
- Access to computer and printer/ink

Additional Requirements:

You will be required to attend First Aid and CPR Training all day on one of the scheduled dates on the Grand Strand campus. You are expected to provide your own transportation and any expenses associated with transportation to and from this training.

Comfortable clothing, tennis shoes, and supportive undergarments are required for all class sessions. Flip flops, camisoles, short shorts are not allowed!!!

Water (bottles) for hydration...NO soft drinks or food!!!!!!

TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC's student portal for course materials.

WaveNet and D2L email access. Ability to download files and templates from course page on D2L; ability to use Microsoft Word; ability to download files and pictures from the Internet.

**A hybrid format requires students to attend some classes on campus in a traditional environment, and some classes online through a personal computer. Therefore, students must have relatively unlimited access to a computer with an Internet connection to be successful in this hybrid course. Assignments will only be accepted for credit in Microsoft Word.

The majority of course requirements including submitting assignments, receiving notifications and feedback will occur through the course in D2L. The student will be required to access, download, and/or print material from "My Courses" through his(her) WaveNet account.

Please be advised that technology issues or problems are **not** an acceptable excuse for **not** participating as **required** for attendance or failing to submit an assignment on the due date. When having technology problems find another computer to complete the required work. Computers are open to students at numerous locations on all three campuses including open computer labs and the libraries. There are computers available for use in other public locations including the public libraries. A final option would be to contact a friend or relative to borrow a computer. When technology issues are related to the system (i.e., D2L and WaveNet), and not the result of a broken computer, you should contact student online support OIT Help Desk at (843) 349-5340 or through their link on the WaveNet homepage. Although, technology issues or problems are **not** an acceptable excuse for **not** participating as required, it is a good idea to notify your professor about the problem or difficulty.

CLASSROOM ETIQUETTE:

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

Netiquette: is the term commonly used to refer to conventions adopted by Internet users on the web, mailing lists, public forums, and in live chat focused on online communications etiquette. For more information regarding Netiquette expectations for distance learning courses, please visit: [Online Netiquette](#).

STUDENT RESPONSIBILITY AND COURSE ACADEMIC MISCONDUCT:

Students must complete their own work whether online or in a traditional classroom. Under Section III - Proscribed Conduct - of the Student Code for the South Carolina Technical College System (3-2-106.1) as published in the Horry-Georgetown Technical College (HGTC) Catalog and Student Handbook, "Academic

Misconduct *[is]* all forms of academic misconduct including, but not limited to, cheating on tests, plagiarism, collusion and falsification of information *[and]* will call for discipline. Alleged violations will be handled according to the procedures presented in Section IV” of the catalog. The disciplinary procedures and possible consequences for an act of academic misconduct are detailed under Sections IV and V of the HGTC Catalog and Student Handbook.

Therefore, students **must** complete their **own** work whether online or in a traditional classroom. Any student who does **not** complete his(her) own work, completes his(her) work through significant assistance of another person(s) or completes work for another student, whether for compensation or not, has violated the Student Code and has committed academic misconduct. The act of misconduct includes plagiarism, or the act of using or presenting another person’s work as your own.

To avoid the question of plagiarism, all information and material used as reference for any paper or project must have a parenthetical citation in the text identify the source of that knowledge and also listed on the reference page as required by the Publication Manual of the American Psychological Association.

Any incident of suspected academic misconduct will be investigated, and should the evidence find that student is in violation of the student code, the incident will be formally reported to the Chief Instructional Officer or her designate.

The possible disciplinary actions, which a professor may take for a substantiated incident of misconduct, are set forth in the Horry-Georgetown Technical College Catalog and Student Handbook. The student with questions and/or concerns should consult the Student Code for the South Carolina Technical College System (3-2-106.1) published in the HGTC College Catalog and Student Handbook and/or course professor of record.

Part II: Student Learning Outcomes

COURSE LEARNING OUTCOMES and ASSESSMENTS*:

Module 1: Movement Concepts and Skills

Material covered: movement concepts, skills, guidelines, appropriate experiences

Assessments: plans (30 minute, center, outdoor), article notes, quiz

Learning Outcomes:

- Demonstrate knowledge and understanding of the influences health (including movement), safety, and nutrition have on children’s growth and development. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element B, Supportive Skills 3,4,and 5)*
- Plan, evaluate, and demonstrate activities designed to teach health, safety, and nutrition concepts and skills to young children. *(NAEYC Standard 4: Teaching and Learning, Key Elements B and C and NAEYC Standard 5: Using Content Knowledge to Build Meaningful Curriculum, Key Elements A,B,and C; Supportive Skills 3,,4, 5)*
- Gather and create resource materials to promote health, safety, and nutrition with young children and families. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element C; NAEYC Standard 2: Building Family and Community Relationships; Key Elements B and C; NAEYC Standard 4: Teaching and Learning, Key Elements B, C, D, Supportive Skills 3, 4, 5)*

Module 2: Illnesses and Conditions

Material covered: illness and condition definitions, symptoms, treatments, prevention,

Assessments: research, information page with video links, quiz, family involvement activity

Learning Outcomes:

- Identify causes, symptoms, treatments and preventions of childhood diseases and illnesses. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element B, Supportive Skills 2,3, and 5)*
- Gather and create resource materials to promote health, safety, and nutrition with young children and families. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element C; NAEYC Standard 2: Building Family and Community Relationships; Key Elements B and C; NAEYC Standard 4: Teaching and Learning, Key Elements B, C, D, Supportive Skills 3, 4, 5)*

Module 3: Safety

Material covered: safe learning environments indoors and outdoors, sun and water safety, pedestrian and travel safety, fire safety, preventing and reporting injuries

Assessments: reading notes, safety checklists and reflections, quiz, family involvement activity, first aid and CPR certification

Learning Outcomes:

- Demonstrate knowledge and understanding of the influences health (including movement), safety, and nutrition have on children's growth and development. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element B, Supportive Skills 3,4,and 5)*
- Gather and create resource materials to promote health, safety, and nutrition with young children and families. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element C; NAEYC Standard 2: Building Family and Community Relationships; Key Elements B and C; NAEYC Standard 4: Teaching and Learning, Key Elements B, C, D, Supportive Skills 3, 4, 5)*
- Complete the standard Red Cross or American Heart Association's Pediatric CPR and First Aid Examination. *(NAEYC Standard 6: Becoming a Professional, Key Element C)*

Module 4: Nutrition

Material covered: my plate, food groups, portion size, healthy meals and snacks, obesity, allergies, food safety

Assessments: nutrition project and food cards, self-serve snack, reading and viewing notes, quiz

Learning Outcomes:

- Demonstrate knowledge and understanding of the influences health (including movement), safety, and nutrition have on children's growth and development. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element B, Supportive Skills 3,4,and 5)*
- Plan, evaluate, and demonstrate activities designed to teach health, safety, and nutrition concepts and skills to young children. *(NAEYC Standard 4: Teaching and Learning, Key Elements B and C and NAEYC Standard 5: Using Content Knowledge to Build Meaningful Curriculum, Key Elements A,B,and C; Supportive Skills 3,,4, 5)*
- Gather and create resource materials to promote health, safety, and nutrition with young children and families. *(NAEYC Standard 1: Promoting Child Development and Learning, Key Element C; NAEYC Standard 2: Building Family and Community Relationships; Key Elements B and C; NAEYC Standard 4: Teaching and Learning, Key Elements B, C, D, Supportive Skills 3, 4, 5)*

***Students – please refer to the Instructor's Course Information sheet for specific information on assessments and due dates.**

Part III: Grading and Assessment

EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS*

Students' performance will be assessed and the weight associated with the various measures/artifacts are listed below.

Professional Reading, Viewing, and Notes	100 points	10%
Thirty Minute Indoor Movement Plan	200 points	20%
Movement and Music Center Plans	100 points	10%
Outdoor Movement Plans	100 points	10%
Illness Fact Sheet with Video Links	100 points	10%
Family Involvement Activity	50 points	5%
Safety Observations and Checklists	100 points	10%
Nutrition Project & Food Cards	100 points	10%
Professionalism	50 points	5%
Exam and Quizzes	<u>100 points</u>	<u>10%</u>
Total	1000 points	100%

****Students, for the specific number and type of evaluations, please refer to the Instructor’s Course Information Sheet.***

GRADING SYSTEM:

A = 100 – 90, B = 89- 80, C = 79 – 70, D = 69 – 60, F = 59 and below.

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the academic calendar for deadlines for add/drop ([ACADEMIC CALENDAR](#)). You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

Part IV: Attendance

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of eighty percent (80%) of his or her classes in order to be eligible to receive credit for any course. However, due to the varied nature of courses taught at the College, a more rigid attendance policy may be required by individual instructors. At a minimum, a student may be withdrawn from a course(s) after he or she has been absent in excess of ten percent (10%) of the total contact hours for a course. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.**

For online and hybrid courses, check your Instructor’s Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

Part V: Student Resources



The Student Success and Tutoring Center (SSTC)

The SSTC offers to all students the following **free** resources:

1. **Academic coaches** for most subject areas, **Writing Center Support**, and **college success skills**.
2. **On-line student success and academic support resources**.

Visit the SSTC website: [Student Success & Tutoring Center](#) and visit the student services tab in your WaveNet account to schedule appointments using TutorTrac. For more information, call: SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455. Room locations and Live Chat is available on the SSTC website.



Student Information Center: WaveNet Central (WNC)

WNC offers to all students the following **free** resources:

1. **Getting around HGTC:** General information and guidance for enrollment!
2. Use the [Online Resource Center \(ORC\)](#) for COMPASS support, technology education, and online tools.
3. **Drop-in technology support or scheduled training** in the Center or in class.
4. **In-person workshops, online tutorials and more services** are available.

Visit the WNC website: [Wavenet Central](#). Live Chat and Center locations are posted on the website. Or please call one of the following locations: WNC Conway, 349-5182; WNC Grand Strand, 477-2076; and WNC Georgetown, 520-1473.

Student Testing: (If course is offered in multiple format include this section, delete if only F2F sections are offered.)

Testing in an **online/hybrid** course may be accomplished in a variety of ways:

- Test administered within D2L
- Test administered in writing on paper
- Test administered through Publisher Platforms

Further more tests may have time limits and/or require a proctor.

Proctoring can be accomplished either face-to-face at an approved site or online through RPNOW, our online proctoring service. To find out more about proctoring services, please visit the [Online Testing](#) section of the HGTC's Testing Center webpage.

The **Instructor Information Sheet** will have more details on test requirements for your course.

Disability Services

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to Jocelyn Williams, Director of Student Development on the Conway Campus Jaime Davis, Counselor/Advisor on the Georgetown Campus or Kristin Griffin, Counselor on the Grand Strand Campus. These individuals will review documentation of the student's disability and, in a confidential setting with the student, develop an educational

accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided.

Statement of Equal Opportunity/Non-Discrimination Statement

Horry Georgetown Technical College prohibits discrimination and harassment, including sexual harassment and abuse, on the basis of race, color, gender, national or ethnic origin, age, religion, disability, marital status, veteran status, sexual orientation, gender identity, or pregnancy in educational programs and/or activities.

Title IX Requirements

Horry Georgetown Technical College prohibits the offenses of domestic violence, dating violence, sexual assault, and stalking. Any student who believe he or she has experienced or witnessed discrimination including sexual harassment, domestic violence, dating violence, sexual assault or stalking is encouraged to report such incidents to one of the College's Title IX Coordinators.

*Faculty and Staff are required to report incidents to the Title IX Coordinators when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

Inquiries regarding the non-discrimination policies:	
Student and prospective student inquiries concerning Section 504, Title II, and Title IX and their application to the College or any student decision may be directed to the Associate Vice President for Student Affairs.	Employee and applicant inquiries concerning Section 504, Title II, and Title IX and their application to the College may be directed to the Associate Vice President for Human Resources.
Dr. Melissa Batten, AVP Student Affairs <i>Title IX Coordinator</i> Building 1100, Room 107A, Conway Campus PO Box 261966, Conway, SC 29528-6066 843-349-5228 Melissa.Batten@hgtc.edu	Jacquelyne Snyder, AVP Human Resources <i>Section 504, Title II, and Title IX Coordinator</i> Building 200, Room 212A, Conway Campus PO Box 261966, Conway, SC 29528-6066 843-349-5212 Jacquelyne.Snyder@hgtc.edu