

INSTRUCTIONAL PACKAGE

CUL 236

Restaurant Capstone

Effective Term Fall/2018

INSTRUCTIONAL PACKAGE

Part I: Course Information

Effective Term: <u>2018-2019</u>	
COURSE PREFIX: CUL 236	COURSE TITLE: Restaurant Capstone
CONTACT HOURS: 14	CREDIT HOURS: 3

RATIONALE FOR THE COURSE:

This course reinforces the knowledge and skill learned in the preceding classes and helps students build confidence in the techniques of basic cookery in a restaurant service setting. The development of communication, teamwork, customer service, and ability to work in a professional foodservice environment is accentuated. Restaurant Capstone emphasizes exposure to traditional American restaurant operations with regard to table service and guest interaction, dining room operation, cold food, hot food and dessert production and service, and inventory and order controls and food costing. The concepts of mise en place, timelines, plate presentation, and teamwork stressed. Timing and organization skills are emphasized.

COURSE DESCRIPTION:

This course will include capstone competencies for culinary arts students. Students will manage and work multiple stations, develop food specials, cost menus, take inventories, produce a menu analysis and expedite food from the kitchen to the dining room.

Includes the preparation of modern, regional American and International cuisines in a public restaurant. Correct application of culinary skills, plate presentation, organization and timing in producing items off a fixed-price menu and an a la carte menu are stressed. The principles of dining room service are practiced and emphasized.

PREREQUISITES/CO-REQUISITES: CUL 123 American Bistro Minimum Grade of C, CUL 235 Menu Planning Minimum Grade of C, CUL 220 Garde Manger Minimum Grade of C, Culinary ServSafe Certificate

REQUIRED MATERIALS:

On Cooking, A Textbook of Culinary Fundamentals Please visit the Bookstore online site for most current textbook information. Use the direct link below to find textbooks. **BOOKSTORE**.

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

ADDITIONAL REQUIREMENTS: Complete uniform, standard knife kit, uniform, pencil, paper, notebook and black sharpie marker, completed recipes with methods and tools required in a plastic sleeves.

TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC's student portal for course materials. WaveNet and D2L email access.

CLASSROOM ETIQUETTE:

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

Cultivation of desirable work habits is as important as developing solid cooking skills. Students should train themselves to be present and on time for all classes. Development of this important habit while in school makes it considerably easier to satisfy the employer who demands regular and punctual attendance when students become employed.

Part II: Student Learning Outcomes

COURSE LEARNING OUTCOMES and ASSESSMENTS*:

- Demonstrate planning, timing, and preparation of meal components, including soup, appetizer, entrée and desserts while emphasizing a commitment to quality and excellence.
- Identify, articulate and demonstrate effective communication and teamwork within each restaurant position that contributes to successful menu production and guest satisfaction.
- Identify, articulate and demonstrate effective communication between food production and service employees.
- Develop a theme and concept for the final project.
- Develop a multi-course dinner menu
- Calculate the basic food cost of a selected item

As the student progresses through the curriculum, the chef/instructor will also evaluate the student's ability to execute secondary learning outcomes. The following outcomes will be addressed in current course, and are considered a critical element to the student's success:

- o Mise en place
- Weights and Measures
- o Knife Skills
- Basic culinary fundamentals
- Prepare students for entry level professional working atmosphere and environment
- Maintain knives in a professional manner (sharp, clean, and right knife for right job)
- Use tools, and equipment in a professional way. Use the right tool for the right job
- Communicate with the chef instructor and peers using culinary terminology
- Maintain work area in a clean, sanitary and professionally organized condition at all times
- Time the preparation and cooking of your assigned items properly

ASSESSMENTS:

Daily Grade 14 days X 25 points 350 60%

One of the instructional goals of the International Culinary School is to assist the student in developing employability skills by coaching and teaching these skills. This is accomplished by setting high expectations, and establishing accountability for these expectations by giving timely, positive and consistent feedback. Both the instructor and the students will participate in a learning community that models excellent employability skills: Teamwork, Time Management, Communication, Problem Solving, and Professionalism.

Category	0 1	2 3	4	5
Uniform	Is told to leave the lab Does not have proper uniform as outlined by the school	Is not acceptably dressed/groomed before entering the lab. Missing neckerchief	Acceptably dressed/groomed before entering the lab. Reminded to take off jewelry/headphones etc.	Consistently models excellent dress/grooming standards – sets the bar high for others.
Sanitation	Always avoids cleaning/washing dishes and stands around or leaves before the kitchen is completely cleaned up regardless of time Does not keep station neat, clean and organized. Leaves equipment and utensils dirty	Must often be motivated by other to wash dishes clean other sections of the kitchen voluntarily; often takes class time to put away knives and personal tools. Needs to be reminded numerous times to keep station neat, clean and organized. Needs improvement on cleaning equipment	Acceptably participates in dishwashing/cleaning and kitchen breakdown activities. Demonstrated a proactive approach to supporting the Sous Chefs in the kitchen maintenance and breakdown processes. Keeps station somewhat neat, clean and organized. Keeps equipment clean	Proactively demonstrates leadership in cleaning and organization efforts throughout class– takes initiative to attack dishes and unpleasant or oft- neglected cleaning tasks. Keeps station neat, clean and organized. Keeps equipment clean during and after class
Menu preparation/ preparedness/ cooking techniques	Is not prepared (no Action Plan) Is not prepared for service and not set up on time. Does not show understanding of cooking skill or techniques. Does not write prep list on board	Action Plan incomplete; has not studied the ingredients and directions for preparation. Does not ask questions. Executes menu items but is not set up for service. Inconsistently shows understanding of cooking skill and techniques	Acceptable Action Plan and can maneuver fairly well with production of the recipes. Asks good questions. Executes menu items with assistance from others. Shows understanding of cooking skill and techniques. Writes prep list on board	Excellent Action Plan, and is able to explain the preparation of each dish to other students. Questions demonstrate great forethought. Executes menu items and is set up on time. Shows good cooking skill and executes cooking techniques. Writes prep list on board with great detail
Attendance	Late to class and or getting dressed after walking into class	N/A	N/A	In class, dressed in proper uniform and ready for line up at Start
Professionalis m	Does not use feedback from critiques and observations to improve performance. Not engaged in learning opportunities. Not a cooperative/good team player	Uses feedback from critiques and observations to improve performance. Does not demonstrate punctuality or reliability. You are a good cooperative team player sometimes	Uses feedback from critiques and observations to improve performance sometimes. Prepared and engaged in learning opportunities. Has a good demeanor. You are a cooperative team player	Uses feedback from critiques and observations to improve performance. Consistently prepared and highly engaged in learning opportunities. Shows a positive demeanor as well as being punctual and reliable. You are a cooperative/good team player

Daily/Weekly Journal:

<u>6 x 25 points = 150 = 25%</u>

The daily journal & weekly summary will be collected for grading on the first day of class each week, for last weeks' work. Journals & summary are turned in a week from the start of that week's class. A zero (0) grade will be entered for journals turned in after 8pm of that weeks' time. Example of due date class is on Wed and Thurs then your journal is at 8pm the next Tues night.

Why write the recipes on note cards & keep a daily journal?

- 1. Read and study the information- on own
- 2. Write out the recipes- on own
- 3. In class lecture and discussion-facilitated
- 4. Various techniques are described and/or demonstrated by the instructor when applicable
- 5. Student Hands on application in class–facilitated
- 6. Critique and review from the instructor
- 7. Student reflects and summarizes information for their journal- on own
- 8. Feedback from instructor to student regarding comments in the journal

Guideline for Creating Your Journal

Please refer to the example on D2L under "Rubrics"

Your journal can be maintained and added to for many years, creating a personal record of your work in the food service industry.

Journal format- Include the following information and submit in the proper "DROPBOX" via D2L Save your files and submit them in the following format: Lastname_firstname_WK1 (example: Mark_Zink_WK1) You **must** have an entry for **each class**, word processed

5 points= The name and date of the class saved with correct file name *Mark Zink*

CUL 105Kitchen Fundamentals January 12, 2015 Week: Week 1_Day1_2_Stocks Cumulative Grade: 97.6

5 points= Recipes for a specific dish(es) you prepared. *Recipes are available via D2L and the course pack that was given to you*

5 points= A list of small wares and utensils you used to prepare that (those) dishes

5 points= A summary of what you learned during this class period and chef's critiques. *5 Solid sentences of what you took away from today's class. Use correct grammar, spelling and format*

5 points= Plate diagrams or picture- attach pictures of the dish(es) you were responsible for that day. AT LEAST 5 pictures

25 points total each journal Journals will be graded the following week

CATEGORY	5	4	2-3	0-1
Journal Heading	Contains all 5 elements which include name, date, station worked with the week and day. Cumulative grade. Saved in the right format and dropped in D2L	Contains 4 elements which include name, date, station worked, with week and day. Cumulative grade. Saved in the right format.	Missing 2 or more elements and not saved in the correct file name	Missing more than 2 components and not saved in the correct file name
Recipes	Contains all of the recipes you are responsible for with methods of production	Contains some of the recipes you are responsible for with methods of production	N/A	Does not contain any of the recipes and methods of production
List of Small wares and utensils used to prepare dishes	Contains all of the small wares and utensils needed methods of production.	Contains some of the small wares and utensils needed methods of production.	N/A	Does not contain any of the small wares or utensils needed for production
Pictures	Digital photos of at least 5 dishes or items correctly labeled and included.	Digital photos of at least 4 dishes or items correctly labeled and included.	Digital photos of at least 2-3 dish or items, but not correctly labeled.	Hand drawing of 1 or more dishes or items are included.
Summary	5 great sentences on what you took away from class using correct grammar, spelling and format.	5 complete sentences on what you took away from class with some grammatical error	Less than 5 sentences on what you took away from class with some grammatical error	Did not explain what you took away from class and/or 3 or less complete sentences

REQUIRED PROJECT

Prix Fixe Menu Development Due FIRST DAY of week 5 Value - 100 Points

Project Objectives:

- Identify ingredients that work well with each other
- understand the role of each course in a balanced menu and how they flow into the next course
- explain how bold flavors and small portions relate to each other in the preparation of a multi course menu
- understand how to work cohesively with a team
- understand the importance of portion size in a multi course menu
- understand the importance of contrasting textures, flavors, and temperatures in a dish

Parameters for project:

Chef/Instructor will assign Courses. First you will be assigned a course between 1-7. In class, we will discuss the progression of the menu. Next you will pick a chef who inspires you and has made an impact on the culinary scene today. Your dish will be based on that chef's philosophy, or recipe in which he/she may be known for. The class will collectively work together for complete production of all dishes. The class will collectively work together in plating as well as serving the dishes to the dining room. At the arrival of each course to the table, the students responsible must explain the course as well as the inspiration behind the course whether it is a philosophy or specific recipe from a contemporary chef. You will serve between 40 to 50 guests.

This is your time to shine. You each may invite 2 guests to attend the dinner. You need to bring us the name and phone number of your guests so we can confirm reservations with prior to your dinner. Do not simply have them show up.

<u>10%</u> Emphasis on Accurate Portion Size: Portion size must be reflective of the amount of food going out. The protein should be 2-3 oz max. The accoutrements must be relative.

<u>20%</u> Focus on cooking techniques: Showcase specific cooking techniques in the contemporary kitchen.

<u>15%</u> Showcase a philosophy or recipe from contemporary chef: Dish must be reflective of the chef at hand.

<u>10%</u> Teamwork/preparation/mis en place: how well the class as a whole is organized, prepared and displays comradery

<u>10%</u> Recipes/Plating Diagrams/Pictures: Must have typed recipes, not cut and paste. Show a color schematic of how your plate is supposed to look.

5% Food Requisition: must have typed food requisition. Must be accurate and reflective of recipes

<u>30%</u> Execution/Taste: Is the dish well executed with precision and is it flavorful? 100% Due dates: DO NOT BE LATE!!!!!!! Week 1 Assign Courses Week 2- Pick a chef and have a rough draft of the dish Week 3- Dish with recipes Week 4- Revised recipes Week 5- Final recipes, food requisition, plate diagrams Week 6 – Test- cook-taste parts of your dish Week 7 – Work the station, cook, prepare, serve your course, and all the other courses.

*Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.

General Education Outcomes

This course fulfills the following General Education Outcomes through the Daily Grade, Weekly Journal, Course Project, Final Exit Practical assessments. Upon completion of this course, students will be able to:

(Check all that apply.)

Communicate effectively;

Think critically;

Self and professional development.

Part III: Grading and Assessment

EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS*

Students' performance will be assessed and the weight associated with the various measures/artifacts are listed below.

EVALU	ATION*

Daily Grade/Class Participation	64%
Projects/Portfolios	18%
Weekly Journal	18%
Final Exit Cooking Practical Exam P//F	0%
	100%

*Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.

GRADING SYSTEM:

Please note the College adheres to a 10 point grading scale A = 100 - 90, B = 89 - 80, C = 79 - 70, D = 69 - 60, F = 59 and below.

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the academic calendar for deadlines for add/drop (<u>ACADEMIC CALENDAR</u>). You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

Part IV: Attendance

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of eighty percent (80%) of his or her classes in order to be eligible to receive credit for any course. However, due to the varied nature of courses taught at the College, a more rigid attendance policy may be required by individual instructors. At a minimum, a student may be withdrawn from a course(s) after he or she has been absent in excess of ten percent (10%) of the total contact hours for a course. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.**

For online and hybrid courses, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

Part V: Student Resources



The Student Success and Tutoring Center (SSTC)

The SSTC offers to all students the following <u>free</u> resources:

- 1. Academic coaches for most subject areas, Writing Center Support, and college success skills.
- 2. On-line student success and academic support resources.

Visit the SSTC website: <u>Student Success & Tutoring Center</u> and visit the student services tab in your WaveNet account to schedule appointments using TutorTrac. For more information, call: SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455. Room locations and Live Chat is available on the SSTC website.



Student Information Center: WaveNet Central (WNC)

WNC offers to all students the following free resources:

- 1. Getting around HGTC: General information and guidance for enrollment!
- Use the <u>Online Resource Center (ORC)</u> for COMPASS support, technology education, and online tools.
- 3. Drop-in technology support or scheduled training in the Center or in class.
- 4. In-person workshops, online tutorials and more services are available.

Visit the WNC website: <u>Wavenet Central</u>. Live Chat and Center locations are posted on the website. Or please call one of the following locations: WNC Conway, 349-5182; WNC Grand Strand, 477-2076; and WNC Georgetown, 520-1473.

Disability Services:

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to Jocelyn Williams, Director of Student Development on the Conway Campus Jaime Davis, Counselor/Advisor on the Georgetown Campus or Kristin Griffin, Counselor on the Grand Strand Campus. These individuals will review documentation of the student's disability and, in a confidential setting with the student, develop an educational accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided.

Statement of Equal Opportunity/Non-Discrimination Statement

Horry Georgetown Technical College prohibits discrimination and harassment, including sexual harassment and abuse, on the basis of race, color, gender, national or ethnic origin, age, religion, disability, marital status, veteran status, sexual orientation, gender identity, or pregnancy in educational programs and/or activities.

Title IX Requirements

Horry Georgetown Technical College prohibits the offenses of domestic violence, dating violence, sexual assault, and stalking. Any student who believe he or she has experienced or witnessed discrimination including sexual harassment, domestic violence, dating violence, sexual assault or stalking is encouraged to report such incidents to one of the College's Title IX Coordinators.

*Faculty and Staff are required to report incidents to the Title IX Coordinators when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

Inquiries regarding the non-discrimination policies:		
Student and prospective student inquiries	Employee and applicant inquiries concerning	
concerning Section 504, Title II, and Title IX and	Section 504, Title II, and Title IX and their	
their application to the College or any student	application to the College may be directed to the	
decision may be directed to the Associate Vice	Associate Vice President for Human Resources.	
President for Student Affairs.		
Dr. Melissa Batten, AVP Student Affairs	Jacquelyne Snyder, AVP Human Resources	
Title IX Coordinator	Section 504, Title II, and Title IX Coordinator	
Building 1100, Room 107A, Conway Campus	Building 200, Room 212A, Conway Campus	
PO Box 261966, Conway, SC 29528-6066	PO Box 261966, Conway, SC 29528-6066	
843-349-5228	843-349-5212	
Melissa.Batten@hgtc.edu	Jacquelyne.Snyder@hgtc.edu	