

# **INSTRUCTIONAL PACKAGE**

# COS 158 Facial Treatments

Effective Term Fall 2024/Spring 2025/Summer 2025

## **INSTRUCTIONAL PACKAGE**

## **Part I: Course Information**

Effective Term: Fall 2024/Spring 2025/Summer 2025

COURSE PREFIX: COS 158 COURSE TITLE: Facial Treatments CONTACT HOURS: 0 Lecture 6 Lab CREDIT HOURS: 2

#### **RATIONALE FOR THE COURSE:**

Facial treatments are the core of the Estheticians services. Through this course the student will learn the skills necessary to complete this process and understand the benefits behind each step of the procedure.

#### **COURSE DESCRIPTION:**

This is an introductory course in the procedures for various skin treatments and safety.

#### **PREREQUISITES/CO-REQUISITES:**

(Credit level <u>COS 151</u> Minimum Grade of C and Credit level <u>COS 152</u> Minimum Grade of C and Credit level <u>COS 156</u> Minimum Grade of C and Credit level <u>COS 157</u> Minimum Grade of C and Credit level <u>COS 164</u> Minimum Grade of C and Credit level <u>COS 221</u> Minimum Grade of C) and (Background Check Form 1)

#### **REQUIRED MATERIALS:**

Please visit the **<u>BOOKSTORE</u>** online site for most current textbook information.

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

#### **ADDITIONAL REQUIREMENTS:**

Student will have State Board Fees for Written and Practical Exams. New Uniforms New Esthetic Kit New Makeup Kit

#### TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC's learning management system (LMS) used for course materials.

Access to myHGTC portal for student self-services.

2024-2025

College email access – this is the college's primary official form of communication.

#### STUDENT IDENTIFICATION VERIFICATION:

Students enrolled in online courses will be required to participate in a minimum of one (1) proctored assignment and/or one (1) virtual event to support student identification verification. Please refer to your Instructor Information Sheet for information regarding this requirement.

#### **CLASSROOM ETIQUETTE:**

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

## **Part II: Student Learning Outcomes**

#### **COURSE LEARNING OUTCOMES and ASSESSMENTS\*:**

- 1. Set up a treatment room to include a workstation.
- 2. Demonstrate how to use supplies, accessories, and small equipment.
- 3. Perform a complete basic facial.
- 4. Perform a man's facial.
- 5. Describe the extrinsic and intrinsic factors of aging.
- 6. Explain the key elements in treating sensitive skin.
- 7. Identify the basic concepts of electrotherapy.
- 8. Understand how to maintain a hot-towel cabinet.
- 9. Explain how the vacuum machine is used.
- 10. Explain how the spray machine is used.
- 11. Safely use and maintain the steamer

Topic to be Reviewed	Assignments/Reading
Syllabus and course review Lecture: treatment room, professional atmosphere, and appearance Lecture: Treatment room supplies, disposable and products Lecture: Three-part procedure Lecture and video: Room Preparation for services	See instructors course information sheet for CIMA assignments. Read pages: 263-294

<b>Lecture:</b> Explain the process of skin analysis. Fitzpatrick skin types, sensitive skin. Causes of skin conditions and health habits. Contraindications. Consultation. <b>Perform</b> skin analysis	See instructors course information sheet for CIMA assignments. Read pages: 163-195
<b>Lecture:</b> Facial set up procedures. Explain key steps for a basic facial. Discuss variations of a basic facial. Outline the treatment goal for six skin types.	See instructors course information sheet for CIMA assignments. Read pages: 297-334
<b>Perform</b> : acne treatment procedure. <b>Lecture:</b> Acne treatments. Desincrustation. Extractions.	See instructors course information sheet for CIMA assignments. Read pages: 335-344
<b>Lecture:</b> Describe acne facials. Discuss men's skincare treatments and options.	See instructors course information sheet for CIMA assignments. Read pages: 344-383
Lecture: Explain importance of the use of facial devices and technology Identify basic concepts of electrotherapy. Explain benefits of hot towel cabinet Discuss magnifying lamp and its usages. Discuss the woods lamp and its usages. Rotary brush and steamer Vacuum machine	See instructors course information sheet for CIMA assignments. Read pages: 411-426
<b>Lecture:</b> Galvanic current, high frequency Demo: High frequency and galvanic current	See instructors course information sheet for CIMA assignments. Read pages: 426-434
<b>Lecture:</b> Spray machines, and paraffin wax Demo: Paraffin wax	See instructors course information sheet for CIMA assignments. Read pages: 434-453
Review and clinic preparation	
Public clinic	Perform facial and body treatments
Public clinic	Perform facial and body treatments

Public Clinic	Perform facial and body treatments
Public Clinic	Perform facial and body treatments
Public Clinic	Perform facial and body treatments
Final Exam Written and practical	

## \*Students – please refer to the Instructor's Course Information sheet for specific information on assessments and due dates.

### **Part III: Grading and Assessment**

#### **EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS\*:**

Students' performance will be assessed, and the weight associated with the various measures/artifacts are listed below.

#### **EVALUATION\***

Tests	50%
Assignments	10%
Class Participation 1	10%
Final Exam	30%
	100%

#### \*Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.

#### **GRADING SYSTEM:**

Please note the College adheres to a 10-point grading scale A = 100 - 90, B = 89-80, C = 79 - 70, F = 69 and below.

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop

2024-2025

periods are shorter for accelerated format courses. Please refer to the <u>academic calendar</u> for deadlines for add/drop. You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

## **Part IV: Attendance**

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of 80 percent (80%) of their classes in order to receive credit for any course. Due to the varied nature of courses taught at the college, some faculty may require up to 90 percent (90%) attendance. Pursuant to 34 Code of Federal Regulations 228.22 - Return to Title IV Funds, once a student has missed over 20% of the course or has missed two (2) consecutive weeks, the faculty is obligated to withdraw the student and a student may not be permitted to reenroll. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.** 

**For online and hybrid courses**, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, and if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

## **Part V: Student Resources**



#### THE STUDENT SUCCESS AND TUTORING CENTER (SSTC):

The SSTC offers to all students the following **<u>free</u>** resources:

- 1. Academic tutors for most subject areas, Writing Center support, and college success skills.
- 2. Online **tutoring** and academic support resources.
- 3. Professional and interpersonal communication **coaching** in the EPIC Labs.

Visit the <u>Student Success & Tutoring Center</u> website for more information. To schedule tutoring, contact the SSTC at sstc@hgtc.edu or self-schedule in the Penji iOS/Android app or at <u>www.penjiapp.com</u>. Email <u>sstc@hgtc.edu</u> or call SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455, or go to the <u>Online Resource Center</u> to access on-demand resources.



#### STUDENT INFORMATION CENTER: TECH Central

TECH Central offers to all students the following free resources:

- 1. **Getting around HGTC**: General information and guidance for enrollment, financial aid, registration, and payment plan support!
- 2. Use the <u>Online Resource Center (ORC)</u> including Office 365 support, password resets, and username information.
- 3. In-person workshops, online tutorials and more services are available in Desire2Learn, Student Portal, Degree Works, and Office 365.
- 4. Chat with our staff on TECH Talk, our live chat service. TECH Talk can be accessed on the student portal and on TECH Central's website, or by texting questions to (843) 375-8552.



#### **HGTC LIBRARY:**

Each campus location has a library where HGTC students, faculty, and staff may check out materials with their HGTC ID. All three HGTC campus libraries are equipped with computers to support academic research and related school work; printing is available as well. Visit the <u>Library</u> website for more information or call (843) 349-5268.

#### **STUDENT TESTING:**

Testing in an **online/hybrid** course and in **make-up exam** situations may be accomplished in a variety of ways:

- Test administered within D2L.
- Test administered in writing on paper.
- Test administered through Publisher Platforms (which may have a fee associated with the usage)

Furthermore, tests may have time limits and/or require a proctor.

Proctoring can be accomplished either face-to-face at an approved site or online through our online proctoring service. To find out more about proctoring services, please visit the <u>Online</u> <u>Testing</u> section of the HGTC's Testing Center webpage.

The **Instructor Information Sheet** will have more details on test requirements for your course.

#### **DISABILITY SERVICES:**

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to HGTC's <u>Accessibility and Disability Service webpage</u>. The Accessibility and Disability Services staff will review documentation of the student's disability and, in a confidential setting with the student, engage in an interactive process to develop an educational accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided. Students will need to reach out to the Accessibility and Disability Services staff each semester to renew their accommodations.

#### **COUNSELING SERVICES:**

HGTC Counseling Services strives to optimize student success through managing personal and academic concerns that may interfere with achieving educational goals. Staff are available to every student for assistance and guidance on personal matters, academic concerns and other areas of concern. HGTC offers free in-person and telehealth counseling services to students. For more information about counseling services, please reach out to <u>counseling@hgtc.edu</u> or visit the website the <u>Counseling Services webpage</u>.

#### STATEMENT OF EQUAL OPPORTUNITY/NON-DISCRIMINATION STATEMENT:

Horry-Georgetown Technical College shall not discriminate in employment or personnel decisions or in student admissions or in student decisions, or in all other segments of the College community on the basis of race, color, sex, national or ethnic origin, age, religion, disability, marital or family status, veteran status, political ideas, sexual orientation, gender identity, or pregnancy, childbirth, or related medical conditions, including, but not limited to, lactation, in the educational programs and activities which it operates, and the college is prohibited from discrimination in such manner by applicable laws. Practices and requirements for nondiscrimination extend to the enrollment of students in programs and activities of the College and employment by the College.

All inquiries regarding the federal laws as they relate to discrimination on the basis of sex may be directed to Tamatha Sells, Title IX Coordinator, Horry-Georgetown Technical College, Building 1100C, Room 107B, 2050 Hwy 501 E, PO Box 261966, Conway, SC 29528-6066, 843-349-5218, <u>tamatha.sells@hgtc.edu</u> or to the US Department of Education Office of Civil Rights. (Telephone: 800-421-3481/Email: <u>OCR@ed.gov</u>).

Other employee and applicant inquiries concerning the federal laws and their application to the College may be directed to Jacquelyne Snyder, Vice President,

Human Resources and Employee Relations & the College's Affirmative Action/Equal Opportunity Officer, Horry-Georgetown Technical College, Building 200C, Room 205B, 2050 Hwy 501 E, PO Box 261966, Conway, SC 29528-6066, 843-349-5212, jacquelyne.snyder@hgtc.edu.

Other student and prospective student inquiries concerning the federal laws and their application to the College or any student decision may be directed to Dr. Melissa Batten, Vice President, Student Affairs, Section 504 & Title II Coordinator Horry-Georgetown Technical College, Building 1100C, Room 107A, 2050 Hwy 501 E, PO Box 261966, Conway, SC 29528-6066, 843-349-5228, <u>melissa.batten@hgtc.edu</u>.

#### TITLE IX REQUIREMENTS:

Title IX of the Education Amendments of 1972 protects students, employees, applicants for admission and employment, and other persons from all forms of sex discrimination.

HGTC prohibits the offenses of domestic violence, dating violence, sexual assault, and stalking and will provide students, faculty, and staff with necessary information regarding prevention, policies, procedures, and resources.

Any student, or other member of the college community, who believes that they have been a victim of sexual harassment, domestic violence, dating violence, sexual assault, or stalking may file a report with the college's Title IX Coordinator or campus law enforcement\*.

\*Faculty and Staff are required to report these incidents to the Title IX Coordinator when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

For more information, contact Tamatha Sells, Title IX Coordinator, Conway Campus, Building 1100C, Room 107B, 843-349-5218, <u>tamatha.sells@hgtc.edu</u>.

#### **PREGNANCY ACCOMMODATIONS**

Under Title IX, colleges must not exclude a pregnant student from participating in any part of an educational program. Horry-Georgetown Technical College is committed to ensuring that pregnant students receive reasonable accommodations to ensure access to our educational programs.

Students should advise the Title IX Coordinator of a potential need for accommodations as soon as they know they are pregnant. It is extremely important that communication between student, instructors, and the Title IX Coordinator begin as soon as possible. Each situation is unique and will be addressed individually. Title IX accommodations DO NOT apply to Financial Aid. Financial Aid regulations do not give the College any discretion in terms of Financial Aid eligibility.

Certain educational programs may have strict certification requirements or requirements mandated by outside regulatory agencies. Therefore, in some programs, the application of Title IX accommodations may be limited.

To request pregnancy accommodations, please complete the **<u>Pregnancy Intake Form</u>**.