



INSTRUCTIONAL PACKAGE

COS 108

Nail Care

Fall 2017

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Part I: Course Information

Effective Term: Fall 2017

COURSE PREFIX: COS 108

COURSE TITLE: Nail Care

CONTACT HOURS: 1 Lecture 6 Lab

CREDIT HOURS: 3

RATIONALE FOR THE COURSE:

The Purpose of Nail Care is to introduce the student to the basic concepts and vocabulary of nail care. Basic skills for manicuring and pedicure techniques and will include services in a safe environment, taking measures to prevent the spread of infectious and contagious diseases

COURSE DESCRIPTION:

This course is a study of nail structure and manicuring techniques, including anatomy, chemistry and safety.

PREREQUISITES/CO-REQUISITES:

(Credit level COS 155 Minimum Grade of C or Credit level COS 155 Minimum Grade of TC) and (Background Check Form 1)

REQUIRED MATERIALS:

Please visit the Bookstore online site for most current textbook information. Use the direct link below to find textbooks.

[BOOKSTORE](#).

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

ADDITIONAL REQUIREMENTS:

- New Manicure Kit from Bookstore (Mandatory that Manicure Kit must be purchased by the end of the 1st week of class.
- Acrylic Nail Kit – (Mandatory that Acrylic Nail Kit must be purchased by the end of the 2nd week of class,
- 2 – new uniforms
- New Cosmetology Kit
- *I am responsible for printing and reading a Horry-Georgetown Technical College – Cosmetology Student Manual; this can be found on WaveNet/D2L.

TECHNICAL REQUIREMENTS:

Access to Desire2Learn (D2L), HGTC’s student portal for course materials.
WaveNet and D2L email access.

CLASSROOM ETIQUETTE:

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

Part II: Student Learning Outcomes

COURSE LEARNING OUTCOMES and ASSESSMENTS*:

1. Identify the characteristics of normal healthy nails.
2. List the basic parts of the nail.
3. Discuss nails growth.
4. List and describe the various nail diseases and disorders.
5. Perform a hand, nail, and skin analysis.
6. Identify the types of nail tools required to perform a manicure.
7. Explain single use and multiuse implements.
8. Perform a manicure
9. Explain the importance of client consultations in nail care.
10. List the five basic nail shapes.
11. List the massage movements for hand and arm massage.
12. List the equipment used in pedicuring.
13. Perm a basic and spa pedicure.
14. Discuss and identify the importance of sanitation and disinfection of a pedicure bath.
15. Identify the supplies needed for nail tip applications.
16. Name the three types of nail tips available and how to correctly fit the nail tip.
17. Demonstrate how to apply and remove fabric nail wraps.
18. Explain the chemistry behind monomer liquid and polymer powder and how it works.
19. List the tools needed for perform a nail enhancement service.
20. Demonstrate a nail enhancement using monomer and polymer products.
21. Discuss the safety and sanitation when performing any nail service.
22. Explain why you would use a light cured gel product.
23. List the different types of light cured gel products.
24. Discuss the differences between light cured lamps and bulbs.
25. Explain how to correctly apply and remove a light cured gel product.

	Topic to be Reviewed	Assignments/Reading
Week 1	Syllabus and course review Unit One Nail structure and growth	Read pages Chapter 9 Nail Structure and Growth 198-203 MindTap:

	<p>Video: manicuring</p> <p>Video:</p> <ul style="list-style-type: none"> ○ Describe the characteristics of normal healthy nails ○ Describe the nine basic parts of the nail <p>Nail growth and malformation</p> <p>Basic manicure and pedicure steps</p>	<p>Do it: Pre-assessment quiz</p> <p>Do it: Fill in the blank quiz</p> <p>Demonstrate Manicure and pedicure procedures</p> <p>Complete all MindTap Activities</p>
Week 3	<p>Unit Two</p> <p>Lecture and Videos: Nail disorders and diseases</p> <ul style="list-style-type: none"> ○ Describe various disorders and diseases ○ Recognize what should not be treated in the salon 	<p>Read: Chapter 9 Nail Diseases and disorders</p> <p>Nail disease/disorder project</p> <p>Complete all MindTap activities</p>
Week 4	<p>Unit Three</p> <p>Lecture and Videos: Anatomy</p> <ul style="list-style-type: none"> ○ Bones in the hand, wrist and arm <p>Manicuring</p> <ul style="list-style-type: none"> ○ Identify the four types of nail technology tools required to perform a manicure ○ Name and describe the five basic nail shapes ○ List the massage movements for performing a hand and arm massage ○ Explain the benefits of paraffin wax in manicuring 	<p>Read: Chapter 6 Anatomy</p> <p>Manicure and pedicure procedure project sheet</p> <p>Nail art</p> <p>Assigned reading Chapter 25 Manicuring and MindTap activities</p> <p>Test Unit 1 and 2</p>
Week 5	<p>Unit Four</p> <p>Lecture and Videos: Anatomy</p> <ul style="list-style-type: none"> ○ Muscles of the arm and hands <p>Pedicuring</p> <ul style="list-style-type: none"> ○ Describe the equipment and material used when performing a pedicure ○ Describe the functions of callus softener ○ Define reflexology ○ Summarize the importance of cleaning and disinfecting a pedicure bath 	<p>Assigned reading Chapter 6 Anatomy and MindTap activities</p> <p>Manicure and pedicure project sheet including French manicure polish procedure</p>
Week 6	<p>Unit Five</p> <p>Lecture and videos: Nail tips and wraps</p> <ul style="list-style-type: none"> ○ Identify the supplies needed for nail tip application and explain their use 	<p>Read Chapter 27</p> <p>Nail wrap demonstration</p> <p>Assigned reading and MindTap activities</p>

	<ul style="list-style-type: none"> ○ Explain the methods for applying nail tips ○ List the types of fabrics used ion nail wraps and their benefits ○ Demonstrate how to remove the fabric wraps and what to avoid 	<p>State board procedure for nail tip application</p> <p>State board procedure for manicure</p> <p>Test Unit 3 and 4</p>
Week 7	<p>Unit Six</p> <p>Lecture and videos: Monomer liquid and polymer powder nail enhancements</p> <ul style="list-style-type: none"> ○ Explain the monomer liquid and polymer powder nail enhancements and how it works ○ Name the specific tools needed to perform this type of enhancement ○ Demonstrate the procedure for nail enhancements ○ Nail art created using monomer and polymer products 	<p>Read Chapter 28</p> <p>Nail enhancement procedure and project sheet</p> <p>Assigned reading and MindTap activities</p>
Week 8	<p>Unit Seven</p> <p>Lecture and videos: Light Cured gels</p> <ul style="list-style-type: none"> ○ Describe the chemistry and ingredients of light cured gels ○ List the different types of light cured gels ○ Determine when to use a light cured gel ○ Discuss the difference between light cured lamps and bulbs ○ Identify the advantages of light cured gels ○ Explain how to remove light cured gels 	<p>Read Chapter 29</p> <p>Demonstration of light cured gels</p> <p>Assigned reading and MindTap activities</p> <p>Project sheet on all services previously discussed</p> <p>Test Unit 5 and 6</p>
Week 9	<p>Friends and family week</p> <p>Practical exam review</p>	<p>Review assigned topics</p>
Week 10	<p>Unit Eight</p> <p>Worksheet on manicure Worksheet on Pedicure</p> <p>Worksheet on nail wraps</p>	<p>Review assigned topics</p>
Week 12	<p>Worksheet on nail tips and acrylic</p>	<p>Review assigned topics</p> <p>Test Unit 7 and 8</p>
Week 13	<p>Worksheet on Sculptured nails</p>	<p>Review assigned topics</p>
Week 14	<p>Worksheet on Nail wraps and gel nails</p>	<p>Review assigned topics</p>

Week 15	Worksheet on Gel nail polish	Review Prep for exam
Exam Week	Written and State Board Practical exam	

****Students – please refer to the Instructor’s Course Information sheet for specific information on assessments and due dates.***

Part III: Grading and Assessment

EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS*

Students’ performance will be assessed and the weight associated with the various measures/artifacts are listed below.

EVALUATION*

Practical Component (Class Participation and Clinical Participation)	40%
Written Component (Tests, Assignments, Projects, Portfolios, Papers, Etc.)	
• 4 In class exams	
• Assigned MindTap Activities	40%
Final Exam (Written and/or Practical)	20%
	100%

****Students, for the specific number and type of evaluations, please refer to the Instructor’s Course Information Sheet.***

GRADING SYSTEM:

Cosmetology Departmental Grading System:

A = 90-100

B = 80-89

C = 70-79

D = 60-69

F = Below 60

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the academic calendar for deadlines for add/drop ([ACADEMIC CALENDAR](#)). You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

Part IV: Attendance

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of eighty percent (80%) of his or her classes in order to be eligible to receive credit for any course. However, due to the varied nature of courses taught at the College, a more rigid attendance policy may be required by individual instructors. At a minimum, a student may be withdrawn from a course(s) after he or she has been absent in excess of ten percent (10%) of the total contact hours for a course. **Instructors define absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.**

***** PLEASE SEE THE COSMETOLOGY STUDENT MANUAL FOR ATTENDANCE POLICY DUE TO OUR PROGRAMS HAS A MORE STRICT ATTENDANCE POLICY...**

For online and hybrid courses, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

Part V: Student Resources



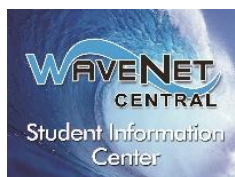
The Student Success and Tutoring Center (SSTC)

The SSTC offers to all students the following **free** resources:

1. **Academic coaches** for most subject areas, **Writing Center Support**, and **college success skills**.
2. **On-line student success and academic support resources**.

Visit the SSTC website: [Student Success & Tutoring Center](#) and visit the student services tab in your WaveNet account to schedule appointments using TutorTrac. For more information, call:

SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455. Room locations and Live Chat is available on the SSTC website.



Student Information Center: WaveNet Central (WNC)

WNC offers to all students the following **free** resources:

1. **Getting around HGTC:** General information and guidance for enrollment!
2. Use the [Online Resource Center \(ORC\)](#) for COMPASS support, technology education, and online tools.
3. **Drop-in technology support or scheduled training** in the Center or in class.
4. **In-person workshops, online tutorials and more services** are available.

Visit the WNC website: [Wavenet Central](#). Live Chat and Center locations are posted on the website. Or please call one of the following locations: WNC Conway, 349-5182; WNC Grand Strand, 477-2076; and WNC Georgetown, 520-1473.

Student Testing:

Testing in an **online/hybrid** course may be accomplished in a variety of ways:

- Test administered within D2L
- Test administered in writing on paper
- Test administered through Publisher Platforms

Further more tests may have time limits and/or require a proctor.

Proctoring can be accomplished either face-to-face at an approved site or online through RPNOW, our online proctoring service. To find out more about proctoring services, please visit the [Online Testing](#) section of the HGTC's Testing Center webpage.

The **Instructor Information Sheet** will have more details on test requirements for your course.

Disability Services:

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to Jocelyn Williams, Director of Student Development on the Conway Campus Jaime Davis, Counselor/Advisor on the Georgetown Campus or Kristin Griffin, Counselor on the Grand Strand Campus. These individuals will review documentation of the student's disability and, in a confidential setting with the student, develop an educational accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided.

Title IX Requirements

The South Carolina Technical College System does not discriminate on the basis of race, color, gender, national or ethnic origin, age, religion, disability, marital status, veteran status, sexual orientation, gender identity, or pregnancy in educational programs and activities as required by Title IX. As outlined in the Violence Against Women Act, Horry Georgetown Technical College prohibits the offenses of domestic violence, dating violence, sexual assault, and stalking. Students who believe he or she has experienced or witnessed discrimination including sexual harassment, domestic violence, dating violence, sexual assault or stalking are encouraged to report such incidents to the Title IX Coordinators:

Dr. Melissa Batten, AVP of Student Affairs
Building 1100, Room 107A, Conway Campus
843-349-5228
Melissa.Batten@hgtc.edu

Jacquelyne Synder, AVP of Human Resources
Building 200, Room 212A, Conway Campus
843-349-5212
Jacquelyne.Synder@hgtc.edu

*Faculty and Staff are required to report incidents to the Title IX Coordinators when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).