

# INSTRUCTIONAL PACKAGE

**COS 106** 

Facial and Make up

2019-2020 Spring/Summer

# INSTRUCTIONAL PACKAGE

### **Part I: Course Information**

Effective Term: 201920/201930

COURSE PREFIX: COS 106 COURSE TITLE: Facials and Make up

CONTACT HOURS: 1 Lecture 6 Lab CREDIT HOURS: 3

#### **RATIONALE FOR THE COURSE:**

The purpose of Facials and Make-Up is to introduce the student to the basic concepts and vocabulary of cosmetology in facials and make-up. This course will give the student the skills to perform facial techniques and apply make-up in a safe environment, taking measures to prevent the spread of infectious and contagious diseases. The use of a variety of salon products in facials and make-up will allow for the enhancing a client's appearance.

#### **COURSE DESCRIPTION:**

This is an introductory course to the procedures for various skin treatments, including anatomy, chemistry, and safety.

### PREREQUISITES/CO-REQUISITES:

(Credit level ENG 032 Minimum Grade of C\* or Credit level ENG 100 Minimum Grade of C\* or Credit level ENG 101 Minimum Grade of C or Credit level ENG 101 Minimum Grade of TC or Credit level ENG 155 Minimum Grade of TC or ACCUPLACER Reading Comp 056 or New ACCUPLACER Reading Comp 235 or COMPANION Reading 056 or Multiple Measures English 1 or SAT Critical Reading 380 or ACT Reading 14) and (Credit level COS 151 Minimum Grade of C and Credit level COS 152 Minimum Grade of C and Credit level COS 156 Minimum Grade of C and Credit level COS 157 Minimum Grade of C and Credit level COS 164 Minimum Grade of C and Credit level COS 221 Minimum Grade of C) and (Background Check Form 1)

\*Online/Hybrid courses require students to complete the DLi Online Student Orientation prior to completing an online course. The DLi Online Student Orientation can be found in WaveNet, under the My Student tab.

#### **REQUIRED MATERIALS:**

Please visit the Bookstore online site for most current textbook information. Use the direct link below to find textbooks.

BOOKSTORE.

Enter the semester, course prefix, number and section when prompted and you will be linked to the correct textbook.

#### **ADDITIONAL REQUIREMENTS:**

Facial kit (Must be purchased by the end of the first class period)

2 New uniforms

#### **TECHNICAL REQUIREMENTS:**

Access to Desire2Learn (D2L), HGTC's student portal for course materials. WaveNet and D2L email access.

### STUDENT IDENTIFICATION VERIFICATION

Students enrolled in online courses will be required to participate in a minimum of one (1) proctored assignment and/or one (1) virtual event to support student identification verification. Please refer to your Instructor Information Sheet for information regarding this requirement.

### **CLASSROOM ETIQUETTE:**

As a matter of courtesy to other students and your professor, please turn off cell phones and other communication/entertainment devices before class begins. If you are monitoring for an emergency, please notify your professor prior to class and switch cell phone ringers to vibrate.

# **Part II: Student Learning Outcomes**

### **COURSE LEARNING OUTCOMES and ASSESSMENTS\*:**

- 1. Define and explain the importance of anatomy and physiology to the cosmetology profession.
- 2. Describe cells, their structure, and their reproduction.
- 3. Define tissue and identify the four types of tissues found in the body.
- 4. Name the eleven main body systems and explain their functions.
- 5. Explain the pertinent information needed during a client consultation and skin analysis before performing facial treatments.
- 6. Identify examples of contraindication in skin care treatments.
- 7. Name the different categories of skin care products and when to use each.
- 8. Demonstrate the five types of massage manipulations.
- 9. Explain how electrical machines are used in a facial treatment and their benefits.
- 10. Discuss and explain how light therapy I used to treat the skin.
- 11. Identify the methods of permanent hair removal.
- 12. List the methods used for temporary hair removal.
- 13. Describe the various types of makeup and their uses.
- 14. Explain color theory when choosing cosmetics for makeup application.
- 15. Identify the facial types and techniques used for enhancement.
- 16. Name the types of artificial eyelashes.
- 17. Identify the types of electric current.
- 18. List the principles of electrical equipment.
- 19. Examine the main electric modalities used in cosmetology.

- 20. Explain the structure and composition of the skin.
- 21. List the function of the skin.
- 22. Identify the common skin lesions differentiating between primary and secondary lesions.
- 23. List the common disorders of the sebaceous glands.
- 24. List the factors contributing to the aging of the skin.
- 25. Identify the two types of electric current.
- 26. Describe the principles of electrical equipment safety.
- 27. Compare the types of light therapy and their benefits.
- 28. List the various types of cosmetics and their uses for facial make up
- 29. Explain how to use color theory then choosing a cosmetic product
- 30. List the types of artificial lashes

|        | Topic to be Reviewed  | Assignments/Reading   |
|--------|---|---|
| Week 1 | Syllabus and course review  Unit One Video: Organs and body systems Video: Tissues  Unit Two Video: Introduction to facials Video: analysis of clients skin Video: consultation and skin analysis | MindTap: Pre-assessment quiz Read pages 114-117 Do it: Matching activity Listen: Overview Facial: Read Pages 766-774 MindTap: Chapter 23 Do it: pre-assessment quiz Do it: Situational problem quiz Do it matching activity |
|        | Unit Three Organs and body systems introduction Video: general Anatomy and Physiology Unit Four Skin care products Video: Introduction to skin care products Video: Cleansing the skin            | Read pages 117-118  Do It: Matching quiz  Read pages775-780  Do it: Situation problem quiz  Practical activity on cleansing the skin  Test on Unit one and Two  |
| Week 2 | Unit Five Lecture Skeletal System – Unit Six Lecture Basic facial massage Video: an introduction to facial massage Video: preforming a facial massage   | Read pages 118-122 MindTap: Do it: Drop and Drag 1 Do it: Drop and Drag 2 Read pages 780-787 Do it: Situation quiz Practical activity on facial massage Test on Unit Three and Four   |

|                     | Topic to be Reviewed  | Assignments/Reading   |
|---------------------|---|---|
| Week 2<br>continued | Unit Seven Lecture Muscular system Unit Eight Lecture Facial equipment, electrotherapy and light therapy Video: facial treatment and equipment Video: Mechanical exfoliation using a brush  | Read pages 122-128 MindTap: Do it: Muscles, Face and neck game Do it: Muscles of the shoulder and arm game Do it: Multiple choice quiz Read pages 787-792 Do it: multiple choice quiz Test on Unit Five and Six   |
| Week 3              | Unit Nine Lecture: nervous. Circulatory, and Lymphatic systems Video: Review the body systems Unit Ten Using facial to treat special skin types and aromatherapy Video: facial for dry skin Video: facial for oily skin Video: facial for men Demonstration of State Board Facial   | Read pages: 132-136 MindTap: Do it: Neuron image labeling game Do it: Putting yourself in the situation Do it: nerves of the arm and hand labeling game Do it: Heart image labeling game Do it: True/False quiz Read pages 792-795Do it: Final Chapter exam Social Media Activity Practical activity: State Board facial Test on Unit Seven and Eight |
| Week 4 and 5        | Unit Eleven Lecture: Immune, Integumentary, Endocrine and reproductive system Unit Twelve Lecture on client consultation and permanent hair removal Video: Client consultation Video: Hair removal consultation Video: Contraindications Video: Permanent hair removal consultation | Read pages: 137-140 MindTap: Do it: final chapter exam Social Media activity Chapter 22 waxing Read pages 738-744 Do it: Pre-assessment quiz Do it: practice client consultation Do it: complete the quiz and test your understating of hair removal Do it: Quiz on understanding permanent hair removal Test on Unit Nine and Ten                    |

|  | Topic to be Reviewed   | Assignments/Reading   |
|--|--|---|
|  | Topic to be neviewed   | , issignments, reading  |
| Week 4 and 5 continuedWeek 4 and 5 Continued | Unit Thirteen Lecture temporary hair removal Video: temporary hair removal Video: Waxing Video: Eyebrow waxing Video: Treatment room set up Video: Hair removal consultation Video: Contraindications Video: Eyebrow waxing Video: Hard wax procedures Video: Soft wax Unit Fourteen Lecture: The anatomy of the skin Chapter 7 Video: learning Motivation Video: Skin Basics Video: Skin Anatomy in Action Video: Skin Structures in Action | Read pages 744-747 MindTap: Do it: Multiple choice quiz Do it: matching activity Practical activity hard wax Practical activity soft wax Practical activity threading State board procedures for tweezing, soft and hard wax MindTap: final chapter exam Social media activity Read Pages 154-165 Do it: Pre-assessment quiz Do it: Apply yourself matching activity Do it: Test yourself MC quiz Do It: Apply yourself matching activity Do it: putting yourself in the situation Do it: test yourself Do it: comprehensive exam Social media activity |
| Week 6                                       | Unit Fifteen Lecture: Make up Video: Brushes Video: Make up products Make up Color Theory Video: Color Theory 1 Video: Color Theory 2 Video: Warm and Cool Colors Unit Sixteen Lecture: Skin diseases and disorders Video: Reasons to learn about skin diseases and disorders Lecture: learn about the different types of lesion and what they look like Video: Identifying Primary lesions Video: Identifying Secondary lesions             | Test on Unit Eleven and Twelve  Read pages 812-818 MindTap: Do it: pre-assessment Do it: Pathbrite portfolio project Do it: Test your knowledge Do it: Test your knowledge Read pages 819-822 Do it: Multiple choice quiz Do it: Matching activity Read pages 172-177 Do it: pre-assessment quiz Do it: matching exercise Test on Unit Thirteen and Fourteen  |
| Week 7                                       | Unit Seventeen<br>Lecture: Face shapes and make up   | Read pages 823-828<br>Read pages 828-833  |

|           | Topic to be Reviewed   | Assignments/Reading   |
|-----------|--|---|
|           | application Video face shapes Lecture: Basic makeup application Video: Make up application  Unit Eighteen Lecture: Disorders of the sweat and oil glands Video: Disorders of the oil glands Video: Sweat and Oil gland disorders | Do it: Multiple choice quiz Practical activity: Basic make up application Read pages 177-183 Do it: Multiple Choice quiz Test on Unit Fifteen and Sixteen   |
| Week 8    | Unit Nineteen Lecture: Eyelashes Lecture: Special occasion make up Unit Twenty Lecture: Skin inflammation and hypertrophies Video: Skin inflammation, hypertrophies, pigment disorders   | Read pages: 834-835 Do it: test your knowledge Practical application – eyelashes Do it: Final Chapter exam Social media activity Read pages 179-180 Do it: Matching activity Test on Unit Seventeen and Eighteen                          |
| Week 9    | Unit Twenty One Lecture: Understand skin cancer, aging skin, oil gland disorders Video: Skin Cancer and Aging Video: Acne and oil gland disorders Video: aging skin issue and the effects of the sun Video: Contact Dermatitis   | Read pages 181-189 Do it: Fill in the blank activity Do it: Multiple choice quiz Do it: Multiple choice quiz Do it: Bring it home Do it: Bringing it home Do it Comprehensive exam Social Media activity Test on Unit Nineteen and Twenty |
|           | Unit Twenty Two Lecture: Electricity Video: Basics of electricity Video: Safety and electricity Video: Electrotherapy  | Read Pages 274-279 Do it: Pre-assessment quiz Do it: Situational Problem activity Do it Multiple Choice quiz Do it: Drop and drag Do it: Multiple choice quiz Do it: Final chapter exam Social Media activity Test on Unit Twenty One     |
| Week 10   | Review for Final exam  | •   |
| Exam Week | Exam – Written and State Board<br>Practical  |   |

\*Students – please refer to the Instructor's Course Information sheet for specific information on assessments and due dates.

# **Part III: Grading and Assessment**

### **EVALUATION OF REQUIRED COURSE MEASURES/ARTIFACTS\***

Students' performance will be assessed and the weight associated with the various measures/artifacts are listed below.

### **EVALUATION\***

| Tests               | 20%  |
|---------------------|------|
| Assignments         | 20%  |
| Projects/Portfolios | 20%  |
| Class Participation | 20%  |
| Final Exam          | 20%  |
|                     | 100% |

<sup>\*</sup>Students, for the specific number and type of evaluations, please refer to the Instructor's Course Information Sheet.

#### **GRADING SYSTEM:**

State the College's or departmental grading system as delineated in the Catalog. Please note the College adheres to a 10 point grading scale A = 100 - 90, B = 89-80, C = 79 - 70, D = 69 - 60, F = 59 and below. You must have your Dean's approval if changes in the scale are made.

Grades earned in courses impact academic progression and financial aid status. Before withdrawing from a course, be sure to talk with your instructor and financial aid counselor about the implications of that course of action. Ds, Fs, Ws, WFs and Is also negatively impact academic progression and financial aid status.

The Add/Drop Period is the first 5 days of the semester for **full term** classes. Add/Drop periods are shorter for accelerated format courses. Please refer to the academic calendar for deadlines for add/drop (<u>ACADEMIC CALENDAR</u>). You must attend at least one meeting of all of your classes during that period. If you do not, you will be dropped from the course(s) and your Financial Aid will be reduced accordingly.

### **Part IV: Attendance**

Horry-Georgetown Technical College maintains a general attendance policy requiring students to be present for a minimum of 80 percent (80%) of their classes in order to receive credit for any course. Due to the varied nature of courses taught at the college, some faculty may require up to 90 percent (90%) attendance. Pursuant to 34 Code of Federal Regulations 228.22 - Return to Title IV Funds, once

a student has missed over 20% of the course or has missed two (2) consecutive weeks, the faculty is obligated to withdraw the student and a student may not be permitted to reenroll. **Instructors define** absentee limits for their class at the beginning of each term; please refer to the Instructor Course Information Sheet.

**For online and hybrid courses**, check your Instructor's Course Information Sheet for any required on-site meeting times. Please note, instructors may require tests to be taken at approved testing sites, if you use a testing center other than those provided by HGTC, the center may charge a fee for its services.

### **Part V: Student Resources**



### The Student Success and Tutoring Center (SSTC)

The SSTC offers to all students the following **free** resources:

- 1. Academic coaches for most subject areas, Writing Center Support, and college success skills.
- 2. On-line student success and academic support resources.

Visit the SSTC website: <u>Student Success & Tutoring Center</u> and visit the student services tab in your WaveNet account to schedule appointments using TutorTrac. For more information, call: SSTC Conway, 349-7872; SSTC Grand Strand, 477-2113; and SSTC Georgetown, 520-1455 or go to the <u>Online Resource Center</u> to access on-demand resources any time.



# Student Information Center: WaveNet Central (WNC)

WNC offers to all students the following **free** resources:

- 1. Getting around HGTC: General information and guidance for enrollment!
- 2. Use the Online Resource Center (ORC) for COMPASS support, technology education, and online tools.
- 3. Drop-in technology support or scheduled training in the Center or in class.
- 4. In-person workshops, online tutorials and more services are available.

Visit the WNC website: <u>Wavenet Central</u>. Live Chat and Center locations are posted on the website. Or please call one of the following locations: WNC Conway, 349-5182; WNC Grand Strand, 477-2076; and WNC Georgetown, 520-1473.

The Instructor Information Sheet will have more details on test requirements for your course.

# **Disability Services:**

HGTC is committed to providing an accessible environment for students with disabilities. Inquiries may be directed to Beth Havens, Director of Student Development on the Conway Campus Jaime Davis, Counselor/Advisor on the Georgetown Campus or Kristin Griffin, Counselor on the Grand Strand Campus. These individuals will review documentation of the student's disability and, in a confidential setting with the student, develop an educational accommodation plan.

Note: It is the student's responsibility to self-identify as needing accommodations and to provide acceptable documentation. After a student has self-identified and submitted documentation of a disability, accommodations may be determined, accepted, and provided.

# Statement of Equal Opportunity/Non-Discrimination Statement

Horry-Georgetown Technical College prohibits discrimination and harassment, including sexual harassment and abuse, on the basis of race, color, sex, national or ethnic origin, age, religion, disability, marital or family status, veteran status, political ideas, sexual orientation, gender identity, or pregnancy, childbirth, or related medical conditions, including, but not limited to, lactation in educational programs and/or activities.

Inquiries regarding the non-discrimination policies: Students and prospective student inquiries concerning Section 504, Title II, and Title IX and their application to the College or any student decision may be directed to the Vice President for Student Affairs, Dr. Melissa Batten, VP Student Affairs, Title IX Coordinator, Building 1100, Room 107A, Conway Campus, PO Box 261966, Conway, SC 29528-6066, 843-349-5228, Melissa.Batten@hgtc.edu. Employee and applicant inquiries concerning Section 504, Title II, and Title IX and their application to the College may be directed to the Vice President for Human Resources, Jacquelyne Snyder, VP Human Resources, Section 504, Title II, and Title IX Coordinator, Building 200, Room 212A, Conway Campus, PO Box 261966, Conway, SC 29528-6066, 843-349-5212, Jacquelyne.Snyder@hgtc.edu.

# **Title IX Requirements**

All students (as well as other persons) at Horry-Georgetown Technical College are protected by Title IX—regardless of their sex, sexual orientation, gender identity, part- or full-time status, disability, race, or national origin—in all aspects of educational programs and activities. Any student, or other member of the college community, who believes that he/she is or has been a victim of sexual harassment or sexual violence may file a report with the college's Chief Student Services Officer, campus law enforcement, or with the college's Title IX Coordinator, or designee.

\*Faculty and Staff are required to report incidents to the Title IX Coordinators when involving students. The only HGTC employees exempt from mandatory reporting are licensed mental health professionals (only as part of their job description such as counseling services).

| Inquiries regarding the non-<br>discrimination policies:   |  |
|--|--|
| Student and prospective student inquiries concerning Section 504, Title II, and Title IX and their application to the College or any student decision may be directed to the Vice President for Student Affairs. | Employee and applicant inquiries concerning<br>Section 504, Title II, and Title IX and their<br>application to the College may be directed to<br>the Vice President for Human Resources. |
| Dr. Melissa Batten, VP Student Affairs   | Jacquelyne Snyder, VP Human  |
| Title IX Coordinator   | Resources  |
|  | Section 504, Title II, and Title IX Coordinator  |
| Building 1100, Room 107A, Conway   | Building 200, Room 212A, Conway Campus   |
| Campus   | PO Box 261966, Conway, SC 29528-   |
| PO Box 261966, Conway, SC 29528-   | 6066   |
| 6066   | 843-349-5212   |
| 843-349-5228   | Jacquelyne.Snyder@hatc.edu   |
| Melissa.Batten@hgtc.edu _  |  |